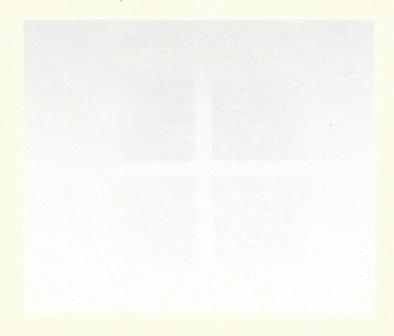


A safe haven providing a window of opportunity and hope for women and children fleeing domestic abuse

# Annual General Report W. Williams Non-Profit Housing Association (Alice Housing)

2004-2005





# Alice Housing

You are cordially invited to the

Annual General Meeting

of

Alice Housing

Tuesday, June 28<sup>th</sup>, 7PM Sobey Lounge, 4<sup>th</sup> Floor Sobey Building, St Mary's University Robie Street, Halifax

Light refreshments will be served



# Agenda Annual General Meeting June 28, 2005

- 1. Welcome.
- 2. Review Agenda.
- 3. Motion to Approve Minutes from Annual General Meeting of June 23, 2004.
- 4. Tendering of Committee and Executive Reports
  - Co-chairs
  - Executive Director
  - Fund Development
  - Program
  - Nominating
  - Personnel
  - Financial
- 5. Nomination and voting of Board of Directors for 2005-2006.
- 6. Motion to Approve Auditors and Accountant for 2005-2006.
- 7. Appreciation Awards to Community Partners.
- 8. Adjournment.

Please join us for refreshments.

Alice Housing provides second and third stage affordable safe housing and supportive program for women with or without children leaving family violence situations.

#### **Mission Statement**

Alice Housing offers hope for women and children to begin a new life away from family violence by providing a safe and supporting community as they rebuild their lives.

#### Philosophy

#### Alice Housing believes that:

- every person has the right to live without fear of physical, psychological, emotional or sexual abuse.
- women and men should have equal opportunities to develop their potential to live full and rich lives.
- all persons have the right to decide for themselves the direction their lives will take, according to their personal values and needs.
- children have the right to grow up without terror and without fear from the very people who are supposed to protect them from harm.

# **Objectives**

# At Alice Housing, we work to:

- Provide women with safe and affordable housing so that they do not have to make the difficult decision between remaining in abusive relationships or becoming homeless.
- Provide women and children the support and counselling needed to recover from the devastating effects of abuse to that women and children can feel safe in their own homes.
- Increase a woman's well-being and self-sufficiency.
- Provide the opportunity for women to develop positive coping skills thus
  enabling them to deal with a variety of personal issues while become
  aware of the cycle of abuse.
- Provide children with the opportunity to heal from the trauma of abuse.
- Decrease the chance that women and children will return to abusive households.

# **Executive Director's Report**

The 2004-2005 has undoubtedly been a year of transition for Alice Housing both figuratively and literally. In June, 2004, a new administrative/drop-in centre was opened at 84 Ochterloney St. This busy hub of activity houses staff offices, the food bank, women's and children program rooms and the donation room. The environment is welcoming and nurturing for both staff and clients.

The past year has also seen the realization of Third Stage Housing, a direct result of research and consultation with the women we serve. This longer term and affordable housing provides stability and consistency for families moving out of our Second Stage Program and we gratefully acknowledge the Supporting Communities Partnership Initiative for their support and vision concerning women and children fleeing family violence.

Alice Housing was the proud recipient of the Donner Foundation Award in the Excellence in the Provision of Basic Necessities. This prestigious award for superior program delivery in Canada is a testament to the commitment and dedication of existing staff and volunteers.

The departure of the previous Executive Director has provided an opportunity for change and vision which I feel grateful and privileged to help facilitate. A new vision for our logo was launched and new programs and resources are currently in develop focusing on meeting the holistic needs of women and children.

Not a day goes by that I am not amazed at the courage of the women who call Alice Housing their home. As I write this report, youth volunteers from Grace Chapel are providing a morning of crafts and fun to many of our children. The laughter wafting throughout our offices remind me of why the commitment and dedication of staff and volunteers is so great. The future of Alice Housing is truly exciting as we continue to grow and meet the needs of women and children in crisis due to family violence.

Respectfully submitted,

Joanne Bernard, Executive Director

# **Co-Chair Report**

The year 2004-2005 was a challenging year for both staff and board members of Alice Housing (W. Williams Non-Profit Housing Association), and the organization has seen a lot of change in a short period of time; however, even as this report is being prepared, we are excited by the many opportunities which have resulted from these changes.

At the beginning of September 2004, even before we, as your Co-Chairs, had an opportunity to chair our first Board Meeting, we faced the difficult task of parting company with our Executive Director. As a result, we had to call upon our trusty staff members - Marilyn Berry, Frances Blair, and Tina Riley. Their willingness to step to the plate and see us through a very challenging period deserves the admiration and the gratitude of all associated with Alice Housing. They were "real troopers". Also, our sincere thanks and recognition must also be extended to the Chair of the Personnel Committee, Penny Harding, and the then Treasurer, Colleen Clark. These five people in particular truly carry the organization over this most challenging period in its history. During these dark days, however, one bright light was the winning of a Donner Foundation Award for Excellence in Service in November 2004. This is truly a significant achievement for Alice Housing.

At the January 2005 meeting, the Board received a recommendation that Joanne Bernard be offered the position of Executive Director - a recommendation which was readily and unanimously accepted. With a proven, strong track record of service in the not-for-profit sector, her fresh strategic ideas, her enthusiasm and good judgment, Joanne assumed the leadership of the Alice Housing team on 28 February 2005. Since then, her enthusiasm, her work habits, and grasp of our organization and its goals have been remarkable. We are most fortunate to have her as our Executive Director.

To appreciate the range and multi-faceted nature of the tasks with which all the staff must deal effectively almost on a daily basis, one has only to read their detailed month reports to the Board. On behalf of all members of the Board, we ask them to accept our grateful thanks and appreciation.

Now that we have weathered a very challenging period, it is time to turn our attention to the future. We have been very grateful to new board members for their patience and willingness to bring their many talents to us. Many of the members are new, diverse, and deeply committed. This is most refreshing and certainly augurs well for the future as we develop the government structure even further to carry out our many goals and objectives. Not the least of the latter is to enhance the financial status of Alice Housing. To that end, improvements in financial accountability and controls have been adopted and are now operational. Also, to be noted as improved operational requirements are revised HR processes and procedures. Diversified fundraising events, such as the most successful Mother's Day Luncheon, will form part of this plan as will, we hope, a more aggressive approach to many and various funding agencies. The bottom line is to continue to enlarge our profile in the community and thereby to continue to enhance our service and program bases.

Alice Housing has a proud tradition of changing the lives of hundreds of families - preventing women from continuing to live in a situation of daily fear and abuse. We have worked to ensure that children aren't growing up to be victims of violence. While much has been done, clearly, there is a tremendous amount which we can and must do by enhancing our current services, such as expanding into third stage housing. While the challenges are great, so too are the talents of the staff and board members to bring these to fruition.

Respectfully submitted,

Kelly Walker and Elizabeth A. Chard Co-Chairs

# **Nominating Committee Report**

- 1. The following Board members have confirmed their intention to continue their membership into the 2005-2006 year:
  - a. Kelly Walker
  - b. Elizabeth Chard
  - c. Erin Desmond
  - d. Penny Harding
  - e. Cheryl Enman
  - f. Alison MacDonald
  - , g. Elycia MacLean
    - h. Catharine Penney
- 2. The following changes in position have been requested to take effect for the 2005-2006 year:
  - a. Kelly Walker wishes to step down as Co-Chair but remain on the Board of Directors.
  - b. Penny Harding has offered to replace Kelly as Co-Chair of the Board of Directors for 2005-2006.
- 3. The following individuals have been screened and approved to sit on the Board of Directors for the 2005-2006 year:
  - a. Catherine Love

#### Motion #1

The Nominating Committee moves that Penny Harding be elected as Co-Chair of the Board of Directors.

#### Motion #2

The Nominating Committee moves that Catherine Love be elected as a member of the Board of Directors.

Respectfully submitted,

Cheryl Enman, Acting Co-Chair Nominating Committee Board of Directors for Alice Housing

# Treasurer's Report

The challenges noted in the Co-Chairs' Report are reflected in the financial statements for the year ended March 31, 2005. The organization incurred an operating loss for the second year in a row. The 2005 loss of \$86,122 is an improvement compared to the loss of \$126,364 in 2004 but revenue enhancements and improved cost management are required to avoid further losses and continued deterioration of reserves.

Property-related expenditures exceeded property revenues by just over \$7,000, primarily due to increased heating costs and property taxes. Fundraising was stable compared to the prior year but was not sufficient to offset administrative costs. As a result, reserves were drawn down to support operations.

On a more positive note, Alice Housing was successful in obtaining funds under the Supporting Communities Program Initiative, a federal program, to purchase two additional properties. These purchases are reflected in the increased capital assets and long-term deferred government grant shown on the balance sheet. One of these properties is a block of flats for use in the Third Stage Housing program and the other is being used as administrative offices and a drop-in centre for outreach programs. Our success in obtaining these funds reflects the importance of the organization's mission and the dedication of the staff who worked hard to make it happen.

With a difficult year behind us, Alice Housing is well-positioned for growing financial health and stability. Greater emphasis is being placed on fundraising through multiple avenues, in particular grant applications. The fruits of these efforts have already been seen in the 2005/06 fiscal year. Improved financial and operational controls have been implemented to ensure greater cost control and an initiative to replenish the replacement reserve has been launched.

On a more personal note, as a new Board member, I have been greatly impressed with the dedication and commitment of the staff and the other Board members in the service of a very worthwhile cause. I look forward to working with the organization to continue Alice Housing's valuable contribution to our community.

Respectfully submitted,

Catharine Penney Treasurer

# **Personnel Committee Report**

The Personnel Committee has met a number of times to review and take action on situations that have arisen over the last year. This committee generally serves as a resource to the Board of Directors, the Executive Director and staff and meets an on an as needed basis.

This year was a busy year for the Personnel Committee as there were a number of significant changes over the course of the year. To begin, in October, 2004, the Executive Director departed from Alice Housing and the personnel committee undertook an extensive search for her replacement. This search produced a number of highly qualified applicants and through a series of interviews; Joanne Bernard was chosen to take on the role of Executive Director, beginning on February 28, 2005. Since her arrival, the personnel committee has been very busy reviewing and refreshing the Alice Housing policies and procedures, dealing with day-to-day personnel issues, hiring a contract employee to provide assistance with the art auction, etc.

There were several months where our existing staff members provided invaluable assistance while the Personnel Committee/Board of Directors searched for a new Executive Director. In recognition of their extra efforts and dedication to the agency the staff was provided with a one time monetary expression of the agency's appreciation.

The Personnel Committee has been available for consultation on any personnel related issues that have arisen over the year and will remain available for staff support when needed.

Respectfully Submitted, Penny Harding Personnel Committee Chair

# ALICE HOUSING (W. WILLIAMS NON-PROFIT HOUSING ASSOCIATION)

FINANCIAL STATEMENTS for the year ended March 31, 2005

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# LYLE TILLEY DAVIDSON

#### **Chartered Accountants**



#### **AUDITOR'S REPORT**

# To the Members of Alice Housing (W. Williams Non-Profit Housing Association)

We have audited the balance sheet of **Alice Housing (W. Williams Non-Profit Housing Association)** as at March 31, 2005 and the statements of revenue and expenditures, changes in net assets and cash flow for the year then ended. These financial statements are the responsibility of the Association's management. Our responsibility is to express an opinion on these financial statements based on our audit.

Except as noted in the following paragraph, we conducted our audit in accordance with Canadian generally accepted auditing standards. Those standards require that we plan and perform an audit to obtain reasonable assurance whether the financial statements are free of material misstatement. An audit includes examining, on a test basis, evidence supporting the amounts and disclosures in the financial statements. An audit also includes assessing the accounting principles used and significant estimates made by management, as well as evaluating the overall financial statement presentation.

In common with many non-profit organizations, not all sources of revenue, by their nature, are susceptible to complete verification by audit procedures. Accordingly, our examination of revenue was restricted to accounting for the amounts recorded in the books of the association and we were not able to determine whether any adjustments might be necessary to revenue, loss of expenditures over revenue for the year, assets and net assets.

In our opinion, except for the effects of adjustments, if any, which we might have determined to be necessary had we been able to satisfy ourselves with respect to revenue as described in the preceding paragraph, these financial statements present fairly, in all material respects, the financial position of the Association as at March 31, 2005 and the results of its operations and changes in its cash flow for the year then ended in accordance with Canadian generally accepted accounting principles.

CHARTERED ACCOUNTANTS

Halifax, Nova Scotia

May 26, 2005

Juge Tilley Donidson

# ALICE HOUSING (W. WILLIAMS NON-PROFIT HOUSING ASSOCIATION)

BALANCE SHEET as at March 31, 2005

	2005	2004
ASSETS		
CURRENT ASSETS		
Cash - unrestricted	\$ 48,648	\$ 29,101
Accounts receivable	18,525	23,190
Prepaid expenses	3,274	5,986
•	70,447	58,277
CASH - RESTRICTED		
Replacement reserve	67	40,104
Capital and operations reserves	6,048	56,029
Security deposits	3,438	2,764
	9,553	98,897
	•	20,037
CAPITAL ASSETS (note 4)	863,284	445,098
	\$ 943,284	\$ 602,272
LIABILITIES		
CURRENT LIABILITIES		•
Accounts payable and accrued liabilities	\$ 29,654	\$ 26,681
Security deposits	Ψ 25,00 <del>4</del> 4,179	2,724
Current portion of long-term debt (note 6)	16,977	16,007
	50,810	45,412
LONG-TERM DEBT (note 6)	188,336	205,312
		·
LONG-TERM DEFERRED GOVERNMENT GRANT (note 5)	683,246	244,917
	922,392	495,641
NET ASSETS		
NET ASSETS FOR REPLACEMENT RESERVE	67	-40,104
NET ASSETS FOR CAPITAL RESERVE	2,924	32,220
NET ASSETS FOR OPERATIONS RESERVE	3,124	23,809
JNRESTRICTED NET ASSETS	40,055	31,636
IET ASSETS INVESTED IN CAPITAL ASSETS	(25,278)	(21,138)
	20,892	106,631
	\$ 943,284	\$ 602,272
Signed on behalf of the Board	Ψ 0-10,20 <del>1</del>	Ψ 002,212
igned on bondii of the board		
Director		·
Diagram.		
Director		

# (W. WILLIAMS NON-PROFIT HOUSING ASSOCIATION)

STATEMENT OF REVENUE AND EXPENDITURES for the year ended March 31, 2005

	2005	2004
REVENUE (schedule A)	\$ 117,617	\$ 91,257
EXPENDITURES (schedule A)	124,997	138,066
	(7,380)	(46,809)
OTHER INCOME		
Province of Nova Scotia	45,652	45,652
United Way	38,953	42,610
Donations and fundraising (net of related expenses)	31,801	38,317
Washers and dryers	1,771	820
Interest and other	1,775	216
Human Resources Development Canada Justice Department	30,350	15,384 7,500
	150,302	150,499
INCOME BEFORE ADMINISTRATIVE AND OTHER EXPENDITURES	142,922	103,690
ADMINISTRATIVE AND OTHER EXPENDITURES		,
Administration	23,607	17,585
Justice Department research project	. <del>-</del>	7,889
Professional fees	6,382	4,441
Program expenses	7,983	11,960
Promotional expenses	562	176
Rent	9,241	14,480
Repairs and maintenance	3,785	112
Salaries and benefits	153,902	162,536
Telephone	6,358	5,272
Travel	6,043	5,603
Property acquisition costs	7,436	· •
Utilities	3,745	<del></del>
	229,044	230,054
	(86,122)	(126,364)
WRITEDOWN OF ASSETS	~	(34,277)
EXCESS OF EXPENDITURES OVER REVENUE FOR THE YEAR	\$ (86,122)	\$ (160,641)

# ALICE HOUSING (W. WILLIAMS NON-PROFIT HOUSING ASSOCIATION) STATEMENT OF CHANGES IN NET ASSETS for the year ended March 31, 2005

					•		
	Unrestricted Net Assets	Net Assets for Operation Reserve	Net Assets for Net Assets for Operation Replacement Capital Reserve Reserve		Net Assets Invested in	Total	Total
Balance - beginning of year	\$ 31,636	\$ 23,809	\$ 40,104		(21,138)	\$ 106,631	\$ 264,893
Excess (deficiency) of revenue over expenditures	(65,158)	ř			(20,964)	(86,122)	(160,641)
Interest Income	• .	73	211	66	1	383	1,451
Interfund appropriations			<u>ę</u>		•		
Investment in capital assets, net	et (16,824)		÷		16,824	•	
Rental properties funding of replacement reserve	1	,	•		•		928
Transfer from operations reserve	12,000	(20,758)	8,758	•	1		
Transfer from capital reserve to operating surplus	29,395	,	•	(29,395)	ı	. ,	ı
Transfer from replacement reserve to operating surplus	erve 49,006	t	(49,006)	1	1	ı	1
Balance - end of year	\$ 40,055	\$ 3,124	\$ 67	\$ 2,924	(25,278)	\$ 20,892	\$ 106,631

# (W. WILLIAMS NON-PROFIT HOUSING ASSOCIATION)

# STATEMENT OF CASH FLOW for the year ended March 31, 2005

	2005	2004
OPERATING ACTIVITIES		·
Excess of expenditures over revenue		
for the year	\$ (86,122)	\$ (160,641)
Items not affecting cash -	• • • •	
Amortization - property & equipment	41,634	21,093
Amortization - long-term deferred government grant	(20,671)	
	(65,159)	(139,548)
Changes in non-cash working capital:		•
Accounts receivable	4,665	4,443
Change in restricted cash	89,344	294,033
Prepaid expenses	2,712	(751)
Accounts payable and accrued liabilities	2,972	8,573
Security deposits	1,455	613
	35,989	167,363
FINANCING ACTIVITIES		
FINANCING ACTIVITIES		
Repayment of long-term debt	(16,007)	(14,999)
Proceeds from long-term deferred government grant	459,000	18,605
	442,993	3,606
INVESTING ACTIVITIES		
Purchase of property and equipment	(459,818)	(253,316)
Writedown of assets	<u> </u>	34,277
	(459,818)	(219,039)
RESERVE ACTIVITIES		
Unrestricted net assets	73,577	_57,204
Replacement reserve	(40,037)	(26,421)
Operations reserve	(20,685)	23,809
Capital reserve	(29,296)	(67,212)
Net assets invested in capital assets	16,824	14,999
	383	2,379
INICHEASE (DECREASE) IN LINDESTRICTED CASH		
INCREASE (DECREASE) IN UNRESTRICTED CASH FOR THE YEAR	19,547	(45,691)
UNRESTRICTED CASH - BEGINNING OF YEAR	29,101	74,792
UNRESTRICTED CASH - END OF YEAR	\$ 48,648	\$ 29,101

#### (W. WILLIAMS NON-PROFIT HOUSING ASSOCIATION)

NOTES TO FINANCIAL STATEMENTS for the year ended March 31, 2005

#### 1. STATUS OF ORGANIZATION AND NATURE OF ACTIVITIES

Alice Housing (W. William Non-Profit Housing Association) was incorporated in November of 1982 to provide appropriate and affordable temporary second stage housing accommodations for women and children leaving abuse.

#### 2. ACCOUNTING POLICIES

#### Financial instruments

Unless otherwise indicated, it is management's opinion that the Association is not exposed to significant interest, currency or credit risks arising from their various financial instruments. The fair value of these financial instruments approximates their carrying value, unless otherwise noted.

#### Use of estimates

The preparation of financial statements in conformity with Canadian generally accepted accounting principles requires the Association's management to make estimates and assumptions that affect the amounts reported in the financial statements and related notes to the financial statements. Actual results may differ from these estimates.

#### Revenue recognition

Alice Housing follows the deferral method of accounting for contributions. Restricted contributions are recognized as revenue in the year in which the related expenses are incurred. Unrestricted contributions are recognized as revenue when received or receivable if the amount to be received can be reasonably estimated and collection is reasonably assured.

#### **Capital Assets**

#### (a) Units A and B and Duplexes 1 and 2

Property, buildings and equipment are stated at cost. Amortization on the property and buildings is provided at an amount equal to the principal retirement on long-term debt. Amortization on equipment is at an annual rate of 20% starting in 2004.

#### (b) Unit C, D and Drop-in Centre/Office

Property, building and equipment are stated at cost. Amortization on the property and building is at an annual rate of 4%. Equipment is amortized at an annual rate of 20%.

Amortization is calculated at one-half of the normal annual rate in the year of acquisition; no amortization is recorded in the year of disposal.

#### (c) Office furniture and equipment

Office furniture and equipment is expensed in the year it is purchased.

#### (W. WILLIAMS NON-PROFIT HOUSING ASSOCIATION)

NOTES TO FINANCIAL STATEMENTS for the year ended March 31, 2005

#### 2. ACCOUNTING POLICIES (continued)

#### Long-term deferred government grant

The long-term deferred government grants are recorded at the cost of the Unit C, D, and Drop-in Centre / Office, building and equipment, which were fully funded by an HRDC grant. Amortization is recorded at an amount equal to amortization of the related capital assets.

#### Contributed services and materials

Volunteers contribute many hours per year to assist the association in carrying out its activities. As well, the association accepts various household items, clothes and food as donations that the women are able to take. Due to the difficulty in determining their fair value, contributed services and materials are not recognized in the financial statements.

#### 3. RESERVE DESCRIPTIONS

#### Replacement Reserve

The replacement reserve is an annual allocation of funds to be used to cover repairs and capital cost replacements for Unit A and Unit B. This reserve is required under the terms of a financing agreement with Canada Mortgage and Housing Corporation, the Minister of Housing of the Province of Nova Scotia and the Halifax Regional Municipality. In March 2004, the Board decided to maintain this at 10% to 15% of the value of the properties determined by the property tax assessments. As of March 2005, the balance should be between \$32,020 and \$48,030. As of March 2005, the balance is \$67. Subsequent to year end this reserve was replenished back to its required level.

#### Capital Reserve

The capital reserve (previously named the renovation/emergency reserve) is an annual allocation of funds to be used to cover repairs and capital cost replacements for Unit C, Unit D, Duplex's 1 & 2 and the office / drop-in centre. In March 2004, the Board decided at its discretion to maintain this at 10% to 15% of the value of the properties determined by the property tax assessments when operating cash flow allows. As of March 2005, the balance should be between \$85,250 and \$127,875. As of March 2005, the balance is \$2,924.

#### **Operations Reserve**

The operations reserve was established in March 2004 and is to be used to cover any emergencies in the operations of Alice Housing such as a loss of core funding. The Board has decided at its discretion to accumulate up to 3-5 months of operating expenses, from \$85,026 to \$141,710, when operating cash flow allows. Funds will be allocated to this reserve as they become available each year. As at March 31, 2005, the balance is \$3,124.

#### (W. WILLIAMS NON-PROFIT HOUSING ASSOCIATION)

#### NOTES TO FINANCIAL STATEMENTS

for the year ended March 31, 2005

#### 4. CAPITAL ASSETS

		2005		2004
	Cost	Accumulated amortization	Net	Net
Unit A Unit B Unit C Unit D Duplex 1 Duplex 2 Office / Drop-in Centre	\$ 181,678 97,528 250,876 224,000 37,853 35,450 235,000	\$ 80,602 54,206 17,450 4,480 20,151 17,512 4,700	\$ 101,076 43,322 233,426 219,520 17,702 17,938 230,300	\$ 111,007 47,835 244,917 - 20,860 20,479
	\$1,062,385	\$ 199,101	\$ 863,284	\$ 445,098

#### 5. LONG-TERM DEFERRED GOVERNMENT GRANT

Human Resources Development Canada (HRDC) has provided funding to Alice Housing to be used to purchase buildings and to cover related project costs. As of March 31, 2005, this funding has contributed to the acquisition of three buildings which are fully operational.

#### **6. LONG-TERM DEBT**

	2005	2004
5.62% mortgage payable, repayable in blended monthly installments of \$1,290, renewable in June 2006, secured by land and building to which it relates	\$ 117,831	\$ 126,503
	7 777,001	<b>4</b> 120,000
5.62% mortgage payable, repayable in blended monthly installments of \$524, renewable in June 2006, secured by land and building to which it relates	47,875	51,398
to the system and ballang to which kilolates	77,070	31,595
6.80% mortgage payable, repayable in blended monthly installments of \$295, renewable in October 2006,		
secured by land and building to which it relates	20,485	22,577
7.46% mortgage payable, repayable in blended monthly installments of \$266, renewable in December 2005,		
secured by land and building to which it relates	,19,122	20,841
	205,313	221,319
Less: current portion	16,977	16,007
	\$ 188,336	\$ 205,312

#### (W. WILLIAMS NON-PROFIT HOUSING ASSOCIATION)

#### NOTES TO FINANCIAL STATEMENTS

for the year ended March 31, 2005

#### 6. LONG TERM DEBT (continued)

The aggregate amount of principal payments required in each of the next five years to meet retirement provisions, assuming renewal of the mortgages on identical terms, is as follows:

Year ending March 31,	2006		\$ 16,977
	2007		18,007
•	2008	• •	19,100
•	2009		20,260
	2010		21,492

#### 7. COMMITMENTS

The aggregate annual payments under a equipment leases expiring in 2008 and 2010:

Year ending March 31, 2006		\$	1,667
2007		·	1,667
2008			1,271
2009			479
2010		•	80

Schedule A

ALICE HOUSING
(W. WILLIAMS NON-PROFIT HOUSING ASSOCIATION)
SCHEDULE OF EARNINGS FROM OPERATIONS
for the year ended March 31, 2005

	<b>Unit A</b>	Unit B	Unit C	Unit D	Juper 1 & 2	2005	2004
REVENUE							
Rent	\$ 51,000			<del>ω</del>	28	•	\$ 115,267
Vacancies Subsidized	(4,075)	(7,445)	(8,445)	1	(600)	(20,565)	(18,675)
Bad debts	(3,149)	(1,219)	(1,541)	1 1	(843)	(7,513)	(5,138)
Net rentals	40,669	19,957	19,047	ı	25,356	105,029	78,669
CMHC RENT SUBSIDY	4,771	7,817		-	ı	12,588	12,588
	45,440	27,774	19,047	•	25,356	117,617	91,257
EXPENDITURES							
Amortization	9,932	5,332		ı	5.700	20.964	21.092
Heat	10,677	4,091	4,269	1,343	6,739	27,119	16,755
Insurance	1,792	869	522	46	859	4,088	3,501
Miscellaneous	(298)	192	32	•	(230)	(304)	3,651
Mortgage interest.	6,770	2,751	•	•	2,903	12,424	13,549
Power	3,308	2,234	1,093	196	2,748	9,579	9,581
Property taxes	800	1,180	2,878	672	770	6,300	3,562
Repairs, net of shelter enhancement grants	12,006	(69)	6,114	864	17,463	36,388	56,109
Replacement reserve	1	1	•			•	928
Security	1,482	1,229	173	•	725	3,609	5,244
Water	1,503	595	552	ı	2,180	4,830	4,094
	47,972	18,414	15,633	\$ 3,121	39,857	124,997	138,066
EXCESS REVENUE OVER EXPENDITURES (EXPENDITURES OVER REVENUE)	\$ (2,532)	9,360	\$ 3,414	(3,121) \$	(3,121) \$ (14,501) \$	(7.380)	\$ (46,809)

# **Program and Services Report**

The cornerstone of Alice Housing is the programs and services offered by staff and community volunteers. These workshops and programs are designed to meet the needs of women and children leaving domestic abuse as they transcend into their journey of healing and recovery.

The demand for services has been increasing steadily within the last year. Program statistics for 2004/2005 report a 22% increase in the services offered by Alice Housing.

Program Statistics	2003/04	2004/05	% change
Request for Services	3620	4442	û <b>22</b> %
Women Housed	30	40	<b>û33</b> %
Children Housed	35	61	<b><b>174</b>%</b>

An emerging trend concerning the program of Alice Housing is an overwhelming increase in Outreach Services as required by ex-tenants. Currently, staff provides outreach services to 19 families. The outreach services we provide are inclusive to what we offer current tenants with the exception of course, of housing.

The following is a brief description of programs offered in the last year with associated outcomes.

# Counselling

As women make the decision to leave abusive situations, individual and group counselling is provided by the Women's Counsellor of Alice Housing. Counselling issues include,

- One on one counselling
- Grief counselling
- Sexual assault counselling
- Defining healthy boundaries
- Identifying potential abusers

Self care

#### Outcomes of Counselling Program

- Women address immediate mental and physical health needs.
- Women experience fewer crises in their lives.
- Women and feel safer.
- Women do not return to abusive household.

#### **Support Services**

Women are encouraged to attend weekly group programs in an effort for them to share openly their experiences in a women centered and supported environment. This process also encourages the establishment of their network of support both within Alice Housing and the community. Program modules include,

- Learning about the cycle of abuse
- Developing healthy coping skills
- Anger management
- Recapturing self esteem

#### **Outcomes**

- Women make better choices and healthier decisions in their lives.
- Women develop a sense of well being
- Women establish networks of support with each other and community resources

# Housing/Homelessness

Women and children entering the 2<sup>nd</sup> stage housing component of Alice Housing are in a transition from either an emergency shelter or from other temporary shelter. Most have left the abusive household leaving everything behind. These families are in crisis and homeless when they enter the Alice Housing program.

- Interview with Women's counsellor and Housing Coordinator
- Viewing of available unit
- Development of leasing agreement
- Coordination of transition into unit
- Coordination of donations of furniture, food and other goods

#### **Outcomes**

- Women and children are safe in undisclosed locations with full in-unit alarm systems
- Children re-enter the school system
- Families are able to stabilize their immediate needs

#### **Developmental Programs**

Personal and professional development programs are available to women as they begin their recovery from family violence. These programs are crucial to women as they learn new skills and strategies for independent living in the community.

- Workshops on parenting, budgeting, credit counselling, personality and temperament types, self defence and self care.
- Continuing education counselling.
- Career and resume counselling.

#### **Outcomes**

- Women enrol in continuing education courses.
- Women become employed.
- Women are able to re-establish their credit status.
- Women employ successful and appropriate parenting techniques.

#### Outreach

As women leave Alice Housing to live independently in the community, their need for our support services are often increased. With the exception of housing all program services including the Drop-In centre and food bank are still available to ex-tenants. Advocacy, financial management and assistance with legal procedures are high in demand.

- Assist women with finding safe and affordable housing.
- Provide housing and/or work references if applicable
- Accompany women to legal and social assistance appointments
- Provide referrals to relevant community resources
- Assistance with child care services

#### **Outcomes**

- Women are able to find affordable and safe housing
- Women are able to navigate legal, child welfare and social assistance procedures.
- Women move from supported housing to independently living by utilizing more community resources.

#### Recreational Services -

In an effort to create a sense of normalcy, Alice Housing in coordination with Grace Chapel provide a family retreat for families once a year where families come together for outdoor activities and relaxation in a fun and safe atmosphere. Without this collaboration, these families would not have the opportunity for this type of activity primarily due to cost.

- Provision of a weekend retreat in a camping environment
- Coordination of supervised activities for children

#### Meals Programs/Services

For many women entering Alice Housing, the crisis they are experiencing includes financial strain and the provision of food through our Food Bank and Community Kitchen is essential to many families. Our program also includes instructional session on nutrition and cooking on a budget.

- Women access food stuffs as provided by the Metro Food Bank
- Women participate in and benefit from Community Kitchen meals on Program nights.
- Women are able to access food gift certificates from Alice Housing staff.
- Women learn healthy cooking choices and nutritional values.

#### **Outcomes**

- Women and children have access to healthy food.
- Women are able to provide nutritious meals using the Basic Shelf concept.

#### Children' Programs

Over the past year, the number of children involved living with Alice Housing has doubled. This statistic holds true for the children of ex-tenants who still take advantage of our childcare program and resources. Throughout the year, Alice Housing has enjoyed the benefit of work placements from students of the Child and Youth Studies of Mount Saint Vincent University. We also provide recreational activities on program nights in the local church which are staffed by the Parent Resource Centre staff which Alice Housing contracts for that purpose. Alice Housing also provides children toys at Christmas, school supplies, and other childcare needs. We also act as liaison between our agency and other organizations such as Family SOS, Children's Aid Society and the Dartmouth Parent Resource Centre who all assist families in crisis.

- Supervised activities with qualified childcare providers.
- Weekend camping program in summer.
- Christmas party
- Counselling sessions at relevant agencies.

#### **Outcomes**

- Children feel supported and safe
- Children are encouraged to discuss their experiences
- Children participate in recreational programs internally and externally of Alice Housing.
- Children exhibiting violent learned behaviours receive counselling and support
- Children attend school regularly.

# **Parent Support Programs**

For many women who come to Alice Housing, external agencies such as Child Protection Services and the Children's Aid Society are involved in their cases. As a result, anxiety and guilt surround the relationships between mothers and their children. Alice Housing provides numerous parenting workshops and childcare. Staff also intermediates on behalf of the mother with relevant agencies and helps secure counselling services. Alice Housing also provided support in other areas such as Christmas events, travel vouchers for medical appointments and food vouchers.

- Parenting workshops for current and past tenants.
- Alice Kids Resource Library

- Annual Christmas Event
- Camping Weekend
- Childcare
- Accompaniment to appointments concerning custody, education and child welfare.

#### **Advocacy Services**

For many women leaving domestic abuse situations, everyday tasks small and large are viewed as overwhelming and some cases hopeless. At Alice Housing, staff routinely accompanies women to legal appointments, Community Service meetings, court appearances and school meetings. In some cases, Alice Housing staff is involved with the local policing authorities, healthcare providers and Victim Services. The Housing Coordinator will also advocate on behalf of clients leaving Alice Housing in an effort to obtain affordable and safe housing. The staff actively advocate on behalf of the client both current and past on issues regarding Family benefits, mental health services, utilities, referrals to other community agencies, employment and continuing educational opportunities.

- Accompany clients on appointments when requested.
- Liaison with community resources
- Provide housing and employment references when relevant
- Advocate for financial assistance from relevant government department.

#### **Outcomes**

- Women keep commitments to appointments due to Alice Housing staff advocacy or presence.
- Women learn how to generate their own networks of support.
- Women become more empowered in addressing issues concerning custody, spousal support and legal action.

# **Fund Development Report**

Fundraising monies raised for Alice Housing in 2004-05 came from roughly four areas: community donations, corporate donations, foundations, and from a Mother's Day Campaign. This year we witnessed a slight increase in the level of support received through the direct mail-out campaign for Mother's Day. This support is important not only to Alice Housing but the women and children who live with us.

Alice Housing is pleased to announce that they were the recipient of the 2004 Donner Award for Excellence in Service in the Provision of Basic Necessities. A monetary award also accompanied the Donner Award.

Alice Housing received many in-kind donations, such as personal care products, clothing, household items, and gift certificates. A computer donated by Aliant Pioneers for resident use has been an important addition to our Drop-In Centre. One of the most important times of years that in-kind donations are made is at Christmas time. All women and children living at Alice Housing were sponsored at Christmas by individuals, employee groups, businesses, or schools. The kindness and generosity of the sponsors was indeed overwhelming and helped to ease the burden on families at this time of year.

Women and children were also treated to a wonderful Christmas event sponsored by the Grace Chapel Youth Group. Women and children enjoyed bowling, a delicious turkey supper, and received many special and wonderful gifts. Grace Chapel has sponsored this event over the past 14 years.

Over the past year several employee groups supported Alice Housing through the United Way's *Days of Caring* program by providing much needed property improvements.

Much of our efforts over this past year were redirected to the establishment of our Third-Stage Housing Program and increased programming. As a result Alice Housing did not hold an annual fundraising event. Although monies raised through fundraising were down from the previous year, the level of support and donations provided by sponsors directly to women and children was up significantly. Corporations made up about \$9,000 in direct donations and \$15,000 was received through foundations. Excluding gift certificates, which were provided directly to the women themselves, Alice Housing raised \$32,600 over the past fiscal year.

Respectfully submitted, Marilyn Berry

# Alice Housing Annual General Meeting June 23, 2004

Present:

Bette Tetreault, Nancy Neil, Angela Power, Erin Desmond, Colleen Clark,

Erin Flannery, Cheryl Enman, Elizabeth Chard, Penny Harding

Regrets:

Kelly Walker, Cathy Crosby, Cindy Crowell, Tara Furlong, JoAnn

Bidgood, Sandy Sarto

Chair: \

Meeting Chaired by Nancy Neil

- 1. Welcome by Angela Power.
- 2. Review of Agenda.
- 3. Approval of minutes from June 25, 2003. Motion to approve minutes Bette Tetreault. Seconded by Nancy Neil.
- 4. <u>Tendering of Reports</u>

Written reports circulated in Annual General Meeting package.

Co-Chair - Bette Tetreault

Executive Director - Ångela Power

Fund Development - Angela Power / Marilyn Berry

Programming Report - Marilyn Berry

Personnel Report - Nancy Neil

Finance Committee - Angela Power

Motion to approve the reports as tendered made by Elizabeth Chard. Seconded by Nancy Neil. All in favor - motion carried.

5. <u>Nominating Committee Report</u> - Nancy Neil

The Nominating Committee has screened the following applicants and is pleased to present them at the AGM as new Board Members:

Gwen Blake

Alison MacDonald

Nancy Diamond

Judith Cabrita

Motion to nominate the following members to the Board of Directors including the Executive Committee for the year 2004/2005:

Kelly Walker (Co-Chair)
Erin Desmond (Secretary)
Elizabeth Chard (Co-Chair)

JoAnn Bidgood Cheryl Enman Cindy Crowell Nancy Diamond Alison MacDonald Iudith Cabrita

Colleen Clark (Treasurer) Sandy Sarto Erin Flannery Penny Harding

Tara Furlong

Gwen Blake

Signing authorities for Alice Housing are as follows: Angela Power (Executive Director) Colleen Clark (Treasurer) Kelly Walker (Co-Chair)

Motion to approve the nominated slate of members for 2004/2005 by Nancy Neil Seconded by Cheryl Enman. All in favor - motion carried.

- Motion to approve the Arnold Fralick as the accountant for the year 2004/2005 and Lyle Tilley Davidson as the auditor for the year 2004/2005
   made by Elizabeth Chard. Seconded by Cheryl Enman. . All in favour motion carried..
- 7. Angela Power presented Certificates of Appreciation to departing Board Members: Bette Tetreault, Nancy Neil and Cathy Crosby.
- 8. Other Business: None
- 9. Motion to adjourn. Bette Tetreault / Cheryl Enman.

Submitted by: Erin Desmond, Secretary

# Alice Housing would like to thank the following for their support:

Canada Mortgage & Housing Corporation Sisters of Charity, Halifax Nova Scotia Department of Community Services Christ Church ACW St. Andrew's Church and ACW Atlantic Tractors \$ Equipment Ltd Alice Housing's Christmas Angels Zeller's Inc - Mic Mac Mall and Cole Harbour Human Resources Development Canada Grace Chapel **Bedford United Church** Grace United Church Scotiabank **BMO** Foundation of Hope St. James United Church United Way of Halifax Region Halifax Regional Municipality Metropolitan Regional Housing Authority **Alliance Security Systems** Flemming Charitable Foundation **Quantum Communications** Paragon Design Group Futura Club Beta Sigma Phi Metro Food Bank Merrick Hold Barristers and Solicitors Keane Canada Lake Echo Lioness TD Canada Trust, Portland St **Aliant Pioneers** Moms to Moms Bank of Montreal **RBC** Royal Bank

Summit Day Spa and Wellness Clinic

Ricki's

To protect privacy, we do not list donations made my individuals. If we have excluded anyone from this list, please know that your kindness has not been forgotten and is greatly appreciated.

Alice Housing also thanks the many people who drop of donations and in-kind contribution to us as well as those who support us through fundraising events.