



2023 Impact Report

Joint Message from the Executive Director and Chair of the Board of Directors

This year at Alice House has been particularly significant, as we welcomed a new Executive Director and entered the final year of our strategic plan. Much has changed about the world around us since that planning, particularly with respect to the cost of living, housing landscape and domestic violence advocacy. We've relied on our community, our resilience to adapt to a rapidly changing world and ground in our values, and in our 40-year history of commitment to the safety of Nova Scotian women and children.

During times of transition, go back to basics. When women first come to Alice House, this is a core principle we teach, a principle that has found resonance during our own organizational transition. Embracing this approach, we have examined our processes, procedures, team structure, and capacity to ensure we are well prepared for the next iteration of strategic planning and impact.

In addition to our operational assessment, we invested significantly in our capital infrastructure. These investments included the completion of comprehensive Building Condition Assessments conducted on each of our residential properties and Drop-in Centre. These assessments inform projections of building maintenance and long-term use opportunities for our assets to continue to expand our impact.

In less fortunate news, we suffered significant damage to our largest multi-unit residential complex following a collapsed roof and downpour flooding during the 2023 Nova Scotia Floods. The outpouring of support to fund these renovations and assist with the safe displacement

of the women and children occupying damaged units was overwhelming and heartening, underscoring the community spirit that drives us forward. After nearly four months of construction, we are proudly operating at full housing capacity with refreshed units.

Finally, despite our best efforts and an expanded housing support team, women are increasingly experiencing bottlenecks in moving out of Alice House residences. They prepare to transition to long-term housing equipped with established safety and independence only to find a lack of adequate and affordable rental options. The demand for safe, affordable housing solutions is more urgent than ever, and the need for continued community education of the epidemic-level impact of domestic violence remains critical. We remain committed to addressing these issues through innovative approaches, compassionate support and unwavering advocacy for our clients, and we know our greatest impact will be achieved through collaborative partnerships with all corners of community and government.

We will continue to provide a sanctuary for safety, healing and independence for women and children recovering from domestic violence while we work towards a world where Alice House is no longer needed. We can't thank you enough for your continued support and partnership.

With gratitude,



Jill Trites
Executive Director



Sara Colburne
Board Chair

Mandate



Mission

We provide opportunities for women, fem-identified individuals, and their children to create a life free from intimate partner violence by offering safe housing, counselling, and support services.



Vision

A society in which every person can live a life without fear or threat of physical, sexual, emotional, financial, social, or spiritual abuse.



Values

Equality
Trust
Community
Self-Determination
Safety
Respect

Impact Snapshot

What we accomplished this year:



Safely housed
27 women and
34 children



66 Economic Independence
education sessions



19 new alarm and
security monitoring
systems

300+
counselling
support sessions

200+
parenting support
sessions

3 new modules
added to Alice
on the Go online
program



5 unit renovations

2.5 Years
longest stay



Launched weekly
Mother's Support Group

Programs and Services

- Confidential safe housing and security monitoring
- Case management and client advocacy
- Child and youth counselling
- Women's counselling
- Parenting support
- Food security and essential items
- Domestic Violence Court advocacy
- Economic independence and financial literacy education
- Violence prevention education



"Thank you for allowing me to be part of your space. But for you, I wouldn't have been able to start again on my own. It would have been too hard".

-Woman, daughter, friend, survivor



"This is going to be easier now, I can feel it. I feel so seen, heard and supported and like the past is going to be the past now."

-Mother of 3, woman, daughter, friend, survivor

New Program Spotlight: **Growing Together**

Alice House secured multi-year funding to create an online education program for service providers who work with young children (ages 0 to 4) and their parents affected by domestic violence. In the first year of program design, Alice House initiated community consultations and conducted literature research to inform the development of a 4-module program.

Reflecting on 40 years

In 2023, Alice House marked 40 years of providing safe housing services. Community partners, government allies, and dedicated volunteers gathered at Tribeca Bistro & Bar to reflect on our history of service and renew our commitment to creating a future of safety and healing for women and children recovering from violence.

Thank You to Our Volunteers!

It was the year of volunteers! During our Executive Director transition, our Board of Directors stepped up in a BIG way with more than **800 hours** of cumulative service, advocacy, advisory services and team support. Alice House also welcomed volunteers to assist with special events and activities like grocery pick-up, Shopping Days, Santa's Workshop, fundraising events, advisory committees, and other special projects. A heartfelt thanks for the countless hours given in service of Alice House.

Pictured Right: Port of Halifax Volunteers (left) and Admiral Volunteers (right).



Board of Directors

- Sara Colburne, Chair
- Tanya Colbo, Vice-Chair
- Sarah Simpson, Past-Chair
- Olivia MacDonald, Treasurer
- Lorie Collins, Co-secretary
- Stephanie Walker, Co-secretary
- Erin Blay
- Erika Hildebrand
- Terri Fraser
- Glenn Massad
- Samantha Gray



In October, we had the privilege of joining our friends at Royal LePage Atlantic and Royal LePage Shelter Foundation for the inaugural Night Light Walk. About **200 community members participated in fundraising \$25,000 for Alice House programs** and raising community awareness about intimate partner violence.



Thank You to Our Community Champions!

To protect the privacy of our donors, this list does not include contributions made by individual donors or those who have requested anonymity. To all of our supporters, your kindness and generosity is greatly appreciated. Each dollar plays a crucial role in ensuring that women and children recovering from violent homes receive the support they need to establish long-term safety and independence.



- A. David Crowe Family Foundation
- Admiral
- Anglican Parish of Musquodoboit
- Ann Julia MacLeod Family Legacy Fund
- The Armour Group Limited
- BlackBay Realty
- Bryant Realty Atlantic
- Build Right Nova Scotia
- Burchell Wickwire Bryson
- Canadian Online Giving Foundation
- Canadian Red Cross—Community Services Recovery Fund
- Colleen Ryan Limited
- Community Foundation of Nova Scotia
- Community Housing Transformation Centre
- Credit Union Atlantic CUA
- CUPE Local 1259
- DCL Law Inc
- Diocese of Nova Scotia & Prince Edward Island
- Employment & Social Development Canada
- FEED Nova Scotia
- Flemming Charitable Foundation
- Gauthier Family Charitable Fund
- Grace United Church
- GreenShield
- The Halifax Assistance Fund
- Halifax Protestant Infants' Foundation
- Halifax Youth Foundation
- The Heller Smith Family Foundation
- HMCS Toronto
- Lake Echo Lioness
- Lighthouse Ministries
- Lutheran Church of the Resurrection
- McCain Foundation
- Mental Health Foundation of Nova Scotia
- Metro Business Association
- Nova Scotia Advisory Council on The Status of Women
- Nova Scotia Department of Community Services
- Nova Scotia Department of Justice
- Nova Scotia Power
- Nova Scotia Barristers Society
- Rainbow Development Holdings Limited
- Rogue Consulting
- Room 152 Clothing Boutique
- Royal LePage Atlantic
- Shoppers Foundation for Women's Health
- Sisters of Charity Halifax
- SPINCO Bedford
- St. Andrew's CWL
- St. James Anglican Church
- St. John's United, United Church Women
- Stantec
- Trainyard Store
- United Way East Ontario
- United Way of Halifax Region
- Walker Wood Foundation
- Walmart Cole Harbour
- Walmart Supercentre Dartmouth Crossing

Our 2023-2024 Audited Financial Statement will be available on our website in July 2024. [Please visit: alicehouse.ca/annual-reports](https://alicehouse.ca/annual-reports).

