

2012-2013



Alice Housing Annual General Report







2012-2013

Introduction to Alice Housing

Alice Housing provides up to two years of safe housing and support for women and children leaving abusive and violent situations. Alice Housing contributes to saving lives by breaking the cycle of violence for women and children and, in doing so, women and children go on to live productive and peaceful lives.

History of Alice Housing

The first clients of Alice Housing arrived in March of 1983, as the organization opened its doors with 16 units in three properties located in Dartmouth, Nova Scotia. Staffed by only the Executive Director, project funding enabled ad-hoc counselling programs to exist sporadically until 1998, when an additional staff person was added to offer counselling as needed. In 2001, a full-time Women's Counsellor was hired to meet the growing therapeutic needs of women leaving domestic

violence. In 2004, a Drop-In Centre and youth building were purchased supported by funding from the Supporting Communities Partnership Initiative. Due to ongoing sustainability challenges, the youth building was sold in 2007.

In 2006, with seed funding from the Community Mobilization Program, a long standing gap in services was filled with the creation of Healing the Bruises, a therapeutic counselling program for child witnesses of domestic abuse. With program outcomes far exceeding In 2012, 89% of the women who left Alice Housing did not return to their abusive partner

expectations, in 2007 Healing the Bruises became a full-time component of the Alice Housing program.

Second stage housing refers to longer term safe housing, following a stay in transition housing. With 18 units, Alice Housing is the one of the largest and oldest second stage housing organizations in Canada and the largest in Atlantic Canada. In the last decade, the organization has become a leader in the Second Stage housing movement in Canada and is a charter member of the Federal Alliance of Second Stage Housing Providers.

An Award Winning Organization

2004 - Excellence in the Provision of Basic Necessities - The Donner Foundation

2007 - Excellence in the Provision of Basic Necessities - The Donner Foundation

2008- Excellence in the Provision of Basic Necessities - The Donner Foundation

2008- The William H. Donner Award for Excellence in the Delivery of Social Services in Canada

2009 - The Ethics Award for the Non Profit Sector - Better Business Bureau - Maritime Provinces

2009 - Excellence in the Provision of Basic Necessities - The Donner Foundation

2010- Excellence in the Provision of Basic Necessities - The Donner Foundation

2010 - The Peter F. Drucker Award for Non Profit Management in Canada

2011- Excellence in the provision of Basic Necessities - The Donner Foundation

2012 - Child/youth Counsellor, Lori Morgan wins Minister's Award for Crime Prevention

For "Healing the bruises Through a Child's Eyes"

2012- Excellence in the Provision of Basic Necessities - The Donner Foundation

2012- Charity Intelligence Top CI Pick in Canada

Mission and Goals

Alice Housing's Mission is to "provide safe second stage housing and supportive counselling for women and children leaving domestic violence".

Alice Housing has two overarching goals to realize the mission:

- 1) To provide women and children the support and counseling needed to recover from the effects of abuse and trauma; and
- 2) To decrease the chance that women and children will return to abusive households.

To achieve these goals Alice Housing:

• Provides women with safe, affordable housing so they do not have to make the difficult decision between remaining in abusive relationships and becoming homeless;

- Provides safe, non-judgmental housing for women, with or without children, leaving abusive situations that have identified their own need for on-going support and counseling;
- Increases women's well-being and self-sufficiency;
- Ensures women and children feel safe and no longer live in abusive environments;
- Provides the opportunity for women to develop increased positive coping skills, enabling them to deal with a variety of personal issues and become aware of the cycle of abuse; and
- Provides children with the opportunity to heal from trauma in a safe environment.

Current Programs - keep families safe while supporting their healing.

Safe Housing

After a two-tiered intake process and risk assessment, women and children entering the second stage housing component of Alice Housing do so from either a transition house or from an unsafe living arrangement. All have left an abusive household, often leaving everything behind. These families are in crisis and homeless when they enter the Alice Housing program. Alice Housing provides safe and affordable housing for these women and their children, along with the

coordination of donations of furniture, food and other goods to ensure the family has the necessities needed to start their new lives. Rents are kept in line with Department of Community Service (DCS) levels and geared to income to ensure the financial burden does not become a barrier to women leaving domestic abuse.

External Cameras were installed on every property in 2012 to increase our capacity to keep families safe.

Counselling

Individual and/or group counselling is provided as women make the decision to leave abusive situations. Each woman, with the support of our women's counsellor, develops short term and long term goals

toward recovery, education, housing and career plans. Individual counselling and workshop attendance is mandatory for women accepted into Alice Housing.

Support Services

Women attend weekly group programs in an effort to share openly their experiences in a women centered and supported environment. This process also encourages the establishment of their support networks within Alice Housing and the community. Our two psycho-educational groups are entitled *Personal Empowerment for Women Leaving Domestic Abuse* and *Beyond Trauma*.

Advocacy Services

For many women leaving domestic abuse situations, everyday tasks are viewed as overwhelming and, in some cases, hopeless. Alice Housing staff routinely accompanies women to legal appointments, Community Service meetings, court appearances and school meetings. When required, Alice Housing staff is involved with the local policing authorities, healthcare providers and Victim Services. The staff actively advocate on behalf of the client on issues regarding family benefits, mental health services, utilities, referrals to other community agencies, employment, and continuing educational opportunities.

Developmental Programs

Personal and professional development programs are available to women as they begin their recovery from family violence. These programs are crucial to women as they learn new skills and strategies for independent living in the community and include: workshops on parenting, budgeting, credit counselling, personality and temperament types, body image, self defence and self care; continuing education counselling; and career and resume counselling.

Healing the Bruises

Healing the Bruises, a counselling and support program for child witnesses of family violence, addresses a long standing gap in services to the children and youth of Alice Housing. Due to the long waiting lists for mental health interventions in our community, the Healing the Bruises program provides support as children explore their feelings surrounding the violence they have witnessed in their family. The program provides modified play and art therapy, toddler check-ins, one-on-one counselling for school aged children, STRAIGHTtalk for tweens and teens, workshops for mothers, and on-going parental support. In addition,

our dedicated child/youth counsellor advocates in schools and other agencies involved with each family to ensure the right service is being provided to the right child at the right time.

Food Bank and Donations Room

For many women entering Alice Housing, the crisis they are experiencing includes financial strain and the provision of food through our Food Bank (provided by Feed Nova Scotia) is essential to many families. Staff also

ey World in April.

4 of our boys were chosen

by Dreams Take Flight to

coordinates with donors the distribution of personal care products, clothing, small household appliances and, in some cases, furniture.

Auricular Acupuncture

Auricular acupuncture is a holistic therapy that is proven to decrease anxiety and depression, while increasing relaxation, tranquility and clarity of mind. All auricular acupuncture is performed by our Women and Child Counsellors, who are registered and trained in this therapy. The Child Counsellor also provides non-invasive auricular seeds for children eight years of age and older.

Christmas Angel Sponsorship and Back To School Programs

Through the coordination by staff, all families are sponsored for Christmas gifts and meals. All children and women attending school in September are provided with a knapsack of school supplies.









Proud of our Work!

Pink Dog Productions were able to capture the essence of what we do at Alice Housing with respect, grace and artistry. Our 3 minute video "Take a Moment" is located on our website at www.alicehousing.ca



Available September 1, 2013 from FORMAC PUBLISHING COMPANY LIMITED





- Provided over 4500 kg of food through our food bank
- 4 Provided Christmas sponsorship to 17 women and 18 children
- Provided back to school supplies for families
- Provided Thanksgiving and Easter meals to over 90 women and children
- Attended over 40 outside appointments with women for legal, health and educational referrals.
- Presented our Healthy Relationships and Healing the Bruises to area schools including over 1000 children.
- Facilitated 21 community presentations
- Provided 64 auricular acupuncture sessions to women and older children



Alice Housing Annual General Meeting 2013

Agenda

June 25th, 6:30 p.m.

Christ Church

- 1. Welcome. Approval of Agenda.
- 2. Review and approval of minutes of 2012 Annual General Meeting.

3. Reports:

- a) Co-Chairs
- b) Executive Director
- c) Personnel
- d) Fundraising
- e) Finance
- 4. Motion to approve auditors and accountant.
- 5. Nomination committee report and Board nomination for 2013-2014.
- 6. Appreciations.

Josh Bragg

Halifax Youth Foundation

Atlantic Lottery Corporation

- 7. Other Change to By-Laws Resolution
- 8. Adjournment. Thank you.

Alice Housing AGM- Minutes

June 27th, 2012 - 6:30pm Christ Church

- 1. Approval of Agenda Claudine moved to approve, Catherine seconded.
- 2. Review of Approval of 2011 AGM Minutes Susan M. moved, Michelle seconded.
- 3. Reports
 - a. Co-chairs- Catherine reviewed report. Worked hard for core government funding, some success, have switched to a grant program (doesn't fluctuate based on clients on social assistance). Highlights: Healing the Bruises; Donner Award.
 - b. Personnel Report- Joanne: new student working on art auction. No turnover in staff this year.
 - c. Stakeholder relations Strategy- Patti: explained strategy, getting key messages out about AH, to assist with support.
 - d. Succession Planning- Michelle: Board wants to be proactive to outline what happens if/when turnover especially when leadership changes.
 - e. Fundraising- Joanne: AH raised a record \$312,000. Review of fundraising report.
 - f. Finance- Margie: AH had a clean audit report. Spoke to deficit.
 - g. Executive Director- Joanne: AH reputation has been elevated. Have been able to start a new program called "Beyond Trauma". Review of various services, successes, staff. Book.
- 4. Motion to approve auditors and accountant Auditor: Susan M. moved, Catherine seconded. Accountant: Susan H. moved, Claudine seconded.
- 5. Nomination committee report & Board nomination for 2012-13

Joanne: 4 new members coming on board: Leslie Stewart, Treasurer, Dorothy Peddlar, and Jamey Piedalue. and Dave Roberts.

Nomination motion: 3 calls for nominations. Catherine moved that 4 new members be added to the 2012-13 Board of Directors. Susan H. seconded.

6. Appreciations

Steven Bonang- teacher who volunteers on gym night. Children learn to play cooperatively and women learn to interact proactively.

Beta Sigma Phi Preceptor Gamma- Mother's day bags.

Newalta- CEO of Newalta from Calgary came, blown away with work of AH. Great partnership, they assist financially and with other assistance.

- 7. Outgoing board members: Michelle Kelly, Margie Publicover, Betty MacDonald.
- 8. Adjournment at 7:04pm. Susan H. moved, Michelle seconded.

Co -Chair Report 2012-2013

In May 2012, a very successful luncheon launched the new fiscal year. Valerie Pringle was the speaker and there was good attendance.

The Art Auction and Dinner in September was also successful although not as profitable as last year. We netted about \$23,000 from this event. The ED and the Board are feeling that we need to "freshen" our major event for the fall.

Alice Housing Board and staff began the year in September with an Information Session for new board members facilitated by past board member Betty MacDonald. Some key issues were highlighted for follow up by the board. In December, a strategic planning session took place, which was facilitated by Change Management Professionals and also included staff, resulting in some key decisions being made by the board:

- 1) A fundraiser contract position was established and Kathy McNab was hired by the first week of April 2013 with some key mandates:
 - a. Celebrate Alice Housing's 30 year anniversary with a Special Event to replace Art Auction and Dinner
 - b. Secure Corporate Sponsorships for Alice Housing programs
 - c. Create and begin funding a Legacy fund or foundation
- 2) An organizational contribution to staff pension was approved and included in the new budget
- 3) Professional development for staff was reinstated in the budget

Additional strategic planning took place in April 2013 and two further priorities were identified. They were:

- 1) Succession planning for our ED who is now a provincial candidate for Dartmouth North and will be running in the next provincial election.
- 2) Follow up on the board plan to increase our housing stock to meet demand.

We particularly want to thank Donna MacDonell-Doiron and Stephen Doiron of Change Management Professionals for their contributed time and expertise. It was invaluable to the Board and to Alice Housing's future.

In December Alice Housing was acknowledged as top charity of 2012 by Charity Intelligence, a Canadian charity evaluator. The news was posted in the Toronto Globe and Mail. Alice Housing also achieved Donner Awards this year for the ninth year in a row.

The Board also created a Marketing and Communications Plan including a Stakeholder Relations Strategy and a Media Policy. A Conflict of Interest policy was also approved by the Board. In addition, the organization's By Laws were updated.

The fiscal year ended in a deficit for the second year in a row, for a total deficit over two years of about \$50,000.The budget approved for 2013-14 does not anticipate a deficit.

Alice Housing's Investment strategy was reviewed and a Board member with appropriate expertise was appointed to oversee our invested funds. This is a critical time financially for Alice Housing as we are dipping into savings in order to leverage the power of a dedicated fundraiser. Careful attention will need to be paid to forecasts of actual revenue and expenses in the year ahead.

We would like to thank outgoing Board members who contributed so generously of their time and talent. We would like to specially acknowledge departing members: Susan Hazelwood for her role as past chair and for all her active participation in developing strategy and policy and for updating by laws; also Denise Williams for her help in developing the Marketing and Communications Plan and the Stakeholder Relations strategy.

Respectfully submitted:

Catherine SandersonCo-chair (outgoing)Dorothy PedlarCo-chair

* Although this is the last year for co-chair Catherine Sanderson, she will continue to work with a subcommittee of the Board on the priority of developing a plan to replace the Executive Director depending on the outcome of the election.

Personnel Report - 2011 - 2012

The mandate of the committee is to recommend policies to the Board regarding employee relations and other related matters. It develops reviews and ensures the implementation of sound personnel policies, procedures and practices appropriate to Alice Housing. (Alice Housing Board of Directors Manual)

As directed by the Board of Directors, a job description and external job posting was developed for the new position of Fund Development Officer. A one year part time position was filled on March 1, 2013 with the position being offered to Kathy McNab. Thanks to Board member Denise Williams, staff member Tina Riley and volunteer Brigid Savage for their contributions to this process.

Current Staffing Compliment:

Joanne Bernard	Executive Director
Andrea Beazley	Housing Coordinator
Kathleen Jennex	Women's Counsellor
Tina Riley	Administrative Assistant
Lori Morgan	Child/Youth Counsellor
Kathy McNab	Fund development Officer

Nominations Report 2012-2013

Alice Housing has a long standing tradition of working with excellent volunteers from the community, who graciously donate their time and expertise to fill the governance obligations of the Board of Directors. Every year, a skills audit of the Board is conducted to identify the gaps in expertise needed to fulfill the responsibilities of the Board.

We are pleased to present our Board of Directors for 2012-2013.

Returning Board Members.

Dorothy Pedlar – Co Chair Jessica Chapman - Secretary Leslie Stewart - Treasurer Susan Mills Patty Faith, Elizabeth Levangie Jamey Piedalue Dave Roberts Joanne Bernard (ex-officio)

New Board Members

Fiona Bergin



Fundraising Report - 2012-2013

Alice Housing held two successful events in the past year, both of which have become signature events for the organization. June saw the yearly Alice Housing Luncheon Series held at the Marriott Harbourfront Hotel and featured Canadian journalist and TV Host Valerie Pringle. The event was well attended and provided the audience with a fantastic keynote address from Ms. Pringle concerning her favourite interviews and lessons she has learned in her illustrious broadcasting career.

The annual ArtWorks Dinner and Auction, the 14th year for this popular event, was held in October at the Westin Hotel and its popularity continues to grow with many more artists wanting to donate and our audience growing each year. This event also debuted our new short video produced by Pink Dog Productions entitled "Take a Moment". The video was a great back drop to the night and the organization raised over \$20,000 from the event.

The quest for funding for Healing the Bruises, Beyond Trauma and our other services has reached a point in the organization's history which strategically became the right time to develop and procure a Fund Development Position. Responsibilities include securing the next sponsorship for Healing the Bruises, Beyond Trauma and planning the 30th Anniversary Gala slated for November 8th.

The Board of Directors and Staff were thrilled when Kathy McNab accepted our offer of employment and began her duties on March 1st. Kathy brings with her a wealth of sales and fundraising experience and her passion for the work of Alice Housing is shared in every presentation she facilitates, every conversation she initiates and every door she knocks on for fund development. Kathy will be in this position for 1 year with the possibility of extension and her results with public relations and fundraising thus far has been tremendous!

In December 2012, as a result of being named a Top Pick Charity from Charity Intelligence, the Globe and Mail named Alice Housing as one of the best charities in the country to donate to due to our sound fiscal management and superior outcomes .



Alice Housing would like to thank the following friends for their generosity and continued support.

Medavie Health Foundation Sisters of Charity **Christ Church** The Westin Nova Scotia The Donner Foundation Kathy Kaulbach + Touchstone Design **Pink Dog Productions** Beta Sigma Phi Maple Trade Finance **Atlantic Lottery Corporation** Alice Housing Christmas Angels **Bell Aliant** Lyle Tilley Davidson Cox Palmer The Future Shop Labatt's Breweries **MICCO- Harvest Wines** Invis Inc Air Canada Newalta Halifax Regional Municipality RBC Halifax Cornwallis Progress Club Harrison McCain Foundation Halifax Dartmouth Bridge Commission **TWIRP** Communications Feed Nova Scotia

Nova Scotia Department of Community Services Canada Mortgage & Housing Corporation **Grace Chapel** The Halifax Protestant Children's Infant Fund Wickwire Holm Barristers and Solicitors **CIBC Children's World Foundation** Prince Andrew High School **Derek Cowie Designs** TD CanadaTrust United Way of Halifax Region Home Depot LUSH Cosmetics **Dreams Take Flight Boyne Clarke** Mary Kay Ash Foundation **Clearwater Fine Foods** Nova Scotia Department of Justice Halifax Youth Foundation The1998 Foundation **Change Management Professionals** Halifax Regional Police Department The Flemming Foundation NS Advisory Council on the Status of Women IMP Community Foundation of Nova Scotia Valerie Pringle - The Lavin Agency Mental Health Foundation of Nova Scotia

To protect privacy, we do not list donations made by individuals. If we have excluded anyone from this list, please know that your kindness has not been forgotten and is greatly appreciated.

Chank You

Executive Directors Report

Joanne Bernard

As I enter my 9th year in the role of Executive Director in the 30th year of Alice Housing, I do so with pride, hope and great expectation. The work that is done every day by staff continues to be the earmark for the organization's amazing outcomes. Their efforts, skills, compassion and dedication to the families they were serve translate into real change in the lives of women and children who come to Alice Housing. In the past year, we have seen women transform their emotional, physical and spiritual lives as they process trauma, or in our words "reveal, heal and deal" their pain into something positive for both themselves and their children. Whether it is enrolling in a new educational program, starting a new job, learning self care, empowerment through self defence or simply resting their mind from the turmoil and guilt of their past, women leave our program confident, self assured and ready to live the rest of their lives free of violence.

Coupled with this transformation is those of their children in which we see physical and emotional ailments decrease simply because they safe. Safe from harm. Safe from abuse. Safe to live their lives to their fullest. When a 7 year old boy says "now I know I don't have to grow up to be like my father", we know we are doing something right.

The dedication of the Board of Directors this year has been extraordinary. Strategic planning and implementation have taken front and centre for board direction and leadership. As a result, the Board made organizational history this year with the hiring of a Fund Development Officer and implementation of an employee pension plan; two firsts for the organization.

Like with many non profits, the funding challenges continue and will require further creatively and engagement with old and new funders. The excitement surrounding and the appreciation of Healing the Bruises both as a program and book continues to rise and will increase further in September 2013 as the book will be available for purchase through retail outlets and the internet. An extraordinary accomplishment by Lori Morgan and the organization.

I anticipate good things ahead for Alice Housing as we enjoy our 30 year of keeping women and children safe from domestic abuse in the community.

Financial Report 2012-2013

This committee is comprised of Leslie Stewart and Joanne Bernard. Ad Hoc member, Donna Fowler

During the year ended March 31, 2013, Alice Housing had revenues of \$471,558 and expenditures of \$505,068which resulted in excess expenditures over revenue of \$33,510. Total revenues decreased by \$30,707 from the prior year which is primarily due to the year over year decrease in sponsorship revenue. Alice Housing realized a gain on investments of \$7,209 which is a significant improvement from the loss of \$4,909 in the previous year.

Funding from the Province of Nova Scotia increased from the prior year by \$14,383 to \$48,776. This was the result of the move from a per diem rate basis to grant basis. The budgeted funding for 2013-2014 is \$45,652, which is consistent with the 2012/2013 budget and makes up 8% of total budgeted revenues.

Overall, Administrative and Other expenditures remained relatively consistent with the previous year, realizing an overall decrease of \$6,224, or2%. Fiscal 2011/2012's expenditures included \$19,000 of book publishing expenditures for *Healing the Bruises* which were not incurred in the current year. This decrease was offset by a \$7,000 increase (3%) in salaries and benefits as a result of performance based annual increments. Repairs also decreased by \$5,550, as a result of prior year repairs required on the Drop-In Center.

Fiscal 2013/2014 looks promising for Alice Housing. Kathy McNab was hired as a part-time fundraiser, mandated to increase fundraising and sponsorship for the organization. The United Way has increased our funding from \$32,000 annually for three years, to \$50,000 annually for five years, and *Healing the Bruises* will be available for purchase.

Respectfully submitted,

Leslie Stewart, CA, Treasurer

ALICE HOUSING (SECOND STAGE HOUSING ASSOCIATION OF DARTMOUTH)

FINANCIAL STATEMENTS for the year ended March 31, 2013

ALICE HOUSING (SECOND STAGE HOUSING ASSOCIATION OF DARTMOUTH)

INDEX TO FINANCIAL STATEMENTS Year Ended March 31, 2012

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LYLE TILLEY DAVIDSON Chartered Accountants



INDEPENDENT AUDITOR'S REPORT

To the members of Alice Housing

We have audited the accompanying financial statements of **Alice Housing**, which comprise the balance sheet, as at March 31, 2013 and the statements of changes in net assets, revenues and expenditures and cash flow for the year then ended, and a summary of significant accounting policies and other explanatory information.

Management's Responsibility for the Financial Statements

Management is responsible for the preparation and fair presentation of these financial statements in accordance with Canadian accounting standards for not-for-profit organizations, and for such internal controls as management determines is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

Auditor's Responsibility

Our responsibility is to express an opinion on these financial statements based on our audit. We conducted our audit in accordance with Canadian auditing standards. Those standards require that we comply with ethical requirements and plan and perform the audit to obtain reasonable assurance about whether the financial statements are free from material misstatement.

An audit involves performing procedures to obtain audit evidence about the amounts and disclosures in the financial statements. The procedures selected depend on the auditor's judgement, including the assessment of the risks of material misstatement of the financial statements, whether due to fraud or error. In making those risk assessments, the auditor considers internal controls relevant to the entity's preparation and fair presentation of the financial statements in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the entity's internal controls. An audit also includes evaluating the appropriateness of accounting policies used and the reasonableness of accounting estimates made by management, as well as evaluating the overall presentation of the financial statements.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our qualified audit opinion.

Basis for Qualified Opinion

The Association reports certain revenues, the completeness of which is not susceptible of satisfactory audit verification. Accordingly, our verification of these revenues was limited to the amounts recorded in the records of the company and we were not able to determine whether any adjustments might be necessary to contributions, excess of revenue over expenses, and net assets.

(continued)

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Opinion

In our opinion, except for the effect of adjustments, if any, which we might have determined to be necessary had we been able to satisfy ourselves concerning the completeness of the contributions referred to in the preceding paragraph, these financial statements present fairly, in all material respects, the financial position of **Alice Housing** as at March 31, 2013, and the results of its operations and its cash flows for the year then ended in accordance with Canadian accounting standards for not-for-profit organizations.

Comparative Information

Without modifying our opinion, we draw attention to the financial statements which describes that Alice Housing adopted Canadian accounting standards for not-for-profit organizations on April 1, 2012 with a transition date of April 1, 2011. These standards were applied retrospectively by management to the comparative information in these financial statements, including statement of financial position as at March 31, 2012 and April 1, 2011 and the statement of revenues and expenditures, changes in net assets and cash flows for the year ended March 31, 2012 and related disclosures. We were not engaged to report on the restated comparative information, and as such, it is unaudited.

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CHARTERED ACCOUNTANTS

Halifax, Nova Scotia

June 6, 2013

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ALICE HOUSING SECOND STAGE HOUSING ASSOCIATION OF DARTMOUTH

BALANCE SHEET

as at March 31, 2013

	2013	2012
ASSETS		
CURRENT ASSETS		
Cash - unrestricted	\$ 19,195	\$ 23,63
Accounts receivable (note 6)	10,926	11,66
Prepaid expenses	7,440	7,53
	37,561	42,83
CASH - RESTRICTED		
Replacement reserve	6,724	6,21
Capital reserve	-	92
Security deposits	4,362	4,40
Operating reserve (notes 7 and 8)	107,517	122,87
	118 602	104.44
	118,603	134,41
CAPITAL ASSETS (note 9)	462,800	496,42
INVESTMENT FUND (notes 8 and 10)	28,669	26,10
COPYRIGHT AND TRADEMARK (note 11)	4,926	3,76
	496,395	526,29
	\$ 652,559	\$ 703,54
LIABILITIES		
CURRENT LIABILITIES		
Accounts payable and accrued liabilities (note 12)	\$ 32,510	\$ 19,01
Deferred revenue	7,756	8,19
Security deposits	4,303	4,00
Current portion of long-term debt (note 13)	23,210	23,91
	67,779	55,12
LONG-TERM DEBT (note 13)	87,843	111,05
LONG-TERM DEFERRED GÓVERNMENT GRANT	166,136	173,05
	321,758	339,23
NET ASSETS		
UNRESTRICTED NET ASSETS	28,385	45,89
NET ASSETS FOR REPLACEMENT RESERVE	6,724	6,21
NET ASSETS FOR CAPITAL RESERVE	-	92
NET ASSETS FOR OPERATING RESERVE	110,080	122,87
NET ASSETS INVESTED IN CAPITAL ASSETS	185,612	188,40
	330,801	364,31
	\$ 652,559	\$ 703,54

Signed on behalf of the Board brand barre Director 3

I LYLE TILLEY DAVIDSON Director

ALICE HOUSING SECOND STAGE HOUSING ASSOCIATION OF DARTMOUTH STATEMENT OF REVENUE AND EXPENDITURES

for the year ended March 31, 2013

	2013	2012
REVENUE (schedule A)	\$ 99,316	\$ 105,959
EXPENDITURES (schedule A)	120,474	134,811
	(21,158)	(28,852)
OTHER INCOME		
Province of Nova Scotia	48,776	34,393
United Way	40,870	49,111
Donations and fundraising	267,227	312,696
Investments and investment fund (note 8)	7,209	(4,909)
Criminal Injuries Justice Fund	8,160	5,015
	372,242	396,306
INCOME BEFORE ADMINISTRATIVE AND OTHER EXPENDITURES	351,084	367,454
ADMINISTRATIVE AND OTHER EXPENDITURES		
Administration	27,902	23,420
Book publishing	123	19,271
Fundraising expenses	39,904	40,365
Professional fees	8,257	6,077
Program	7,326	6,724
Public relations	7,612	5,951
Repairs	1,233	6,783
Salaries and benefits	269,755	262,760
Telephone	7,506	7,748
Travel	5,273	5,022
Utilities	9,703	6,697
	384,594	390,818
EXCESS OF EXPENDITURES OVER REVENUE FOR THE YEAR	\$ (33,510)	\$ (23,364)

ALICE HOUSING SECOND STAGE HOUSING ASSOCIATION OF DARTMOUTH STATEMENT OF CHANGES IN NET ASSETS for the year ended March 31, 2013

	nraetrictad	Operating Beenve	Replacement Becente	Capital	Net Assets	Total	Total
	Net Assets	Net Assets	Net Assets	Net Assets	Ö	2013	2012
Balance - beginning of year	\$ 45,897	\$ 122,870	\$ 6,217	\$ 921	\$ 188,406	\$ 364,311	\$ 387,675
Excess of expenditures over revenue	(33,510)	ı	·	ı		(33,510)	(23,364)
Amortization of capital assets	26,704	·	I	·	(26,704)	ı	,
Investment income	(7,210)	7,210	·	·		ı	
Deferred revenue recognized							
Repayment of mortgages	(23,910)	ı	ı	ı	23,910		ł
Interfund appropriations							
Transfer to replacement reserve	(207)		507	1	ı	ı	ı
Transfer from operating reserve	20,000	(20,000)		·		,	ı
Transfer from capital reserve	921		L	(921)	F	-	
Balance - end of year	\$ 28,385	\$ 110,080	\$ 6,724	م	\$ 185,612	\$ 330,801	\$ 364,311

LYLE TILLEY DAVIDSON

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ALICE HOUSING SECOND STAGE HOUSING ASSOCIATION OF DARTMOUTH STATEMENT OF CASH FLOW

for the year ended March 31, 2013

· · · · · · · · · · · · · · · · · · ·		2013		2012
OPERATING ACTIVITIES				
Excess of expenditures over revenue for the year	\$	(33,510)	\$	(23,364)
Amortization - property & equipment	Ŧ	33,627	¥	37,289
Gain on disposal of investments		(844)		(1,233)
Unrealized gain (loss) on investments		(2,719)		9,984
Amortization - long-term deferred government grant		(6,922)		(7,211)
Changes in non-cash working capital:		(10,368)		15,465
Accounts receivable		741		(3,129)
Change in restricted cash		460		(1,411)
Prepaid expenses		92		(2,382)
Deferred revenue - grants		(437)		532
Accounts payable and accrued liabilities		13,497		(9,080)
Security deposits		298		93
		4,283		88
FINANCING ACTIVITIES				
Repayment of long-term debt		(23,910)		(28,703)
		(23,910)		(28,703)
INVESTING ACTIVITIES				
Purchase of capital and intangible assets		(1,163)		(3,763)
Proceeds from sale of investments		20,000		19,991
Purchase of short-term investments		(3,646)		(3,824)
		15,191		12,404
DECREASE IN UNRESTRICTED CASH FOR THE YEAR		(4,436)		(16,211)
UNRESTRICTED CASH - BEGINNING OF YEAR		23,631		39,842
UNRESTRICTED CASH - END OF YEAR	\$	19,195	\$	23,631

ALICE HOUSING SECOND STAGE HOUSING ASSOCIATION OF DARTMOUTH NOTES TO FINANCIAL STATEMENTS for the year ended March 31, 2013

1. STATUS OF ORGANIZATION AND NATURE OF ACTIVITIES

Alice Housing (Second Stage Housing Association of Dartmouth), formally known as W. Williams Non-profit Housing Association, was incorporated in November of 1982 and provides second stage housing and support counselling for women and children leaving domestic abuse.

The Association is a registered charity and as such, is exempt from income taxes under the Canadian Income Tax Act.

During the year, the Association changed its legal name from W. Williams Non-profit Housing Association to Second Stage Housing Association of Dartmouth.

2. FIRST TIME ADOPTION OF ACCOUNTING STANDARDS FOR NOT-FOR-PROFIT ORGANIZATIONS

During the year the Association adopted accounting standards for not-for-profit organizations (ASNPO). These financial statements are the first prepared in accordance with these standards. The changes have been applied retrospectively. The accounting policies set out in the significant accounting policies note have been applied in preparing the financial statements for the year ended March 31, 2013, the comparative information for the year ended March 31, 2012 and in the preparation of the opening ASNPO balance sheet as at April 1, 2011 (the Association's date of transition).

The Association issued financial statements for the year ended March 31, 2012 using generally accepted accounting principles prescribed by CICA Handbook - Accounting XFI. The adoption of ASNPO had no impact on the previously reported assets, liabilities and net assets of the Association, and accordingly; no adjustments have been recorded in the comparative statement of financial position, revenue and expenditures, net assets and the cash flow statement. Certain of the Association's disclosures included in these financial statements reflect the new disclosure requirements of ASNPO.

The Association has elected to use the following elective exemptions permissible under Section 1500, First Time Adoption.

a) To apply Section 3856, Financial Instruments, in its opening statement of financial position presented in the financial statements for the year of adoption to the new accounting standards. Under this election, any difference between the recognition and measurement at that date and the prior year's closing statement of financial position is to be recorded as an adjustment to net assets at the date of transition. No such adjustments were required in these financial statements. Upon transition, the organization has not made the irrevocable designation to subsequently measure any financial asset or liability at fair value.

b) The statement of financial position at the date of transition, April 1, 2011 is as follows:

continued ...

ALICE HOUSING SECOND STAGE HOUSING ASSOCIATION OF DARTMOUTH NOTES TO FINANCIAL STATEMENTS

for the year ended March 31, 2013

2. FIRST TIME ADOPTION OF ACCOUNTING STANDARDS FOR NOT-FOR-PROFIT ORGANIZATIONS continued...

ASSETS	
CURRENT ASSETS Cash - unrestricted	\$ 39,842
Accounts receivable	\$,539
Prepaid expenses	5,149
	53,530
CASH - RESTRICTED	
Replacement reserve	4,712
Capital reserve	921
Security deposits	4,503
Operating reserve	148,895
	159,031
	100,001
CAPITAL ASSETS	533,716
INVESTMENT FUND	25,000
	558,716
	\$ 771,277
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LIABILITIES	
	¢ 00.001
Accounts payable Deferred revenue	\$ 28,091 7,662
Security deposits	3,912
Security deposits Current portion of long-term debt	27,155
	66,820
LONG-TERM DEBT	136,509
LONG-TERM DEFERRED GOVERNMENT GRANT	180,273
	202 600
	383,602
NET ASSETS	
UNRESTRICTED NET ASSETS	43,362
NET ASSETS FOR REPLACEMENT RESERVE	4,714
NET ASSETS FOR CAPITAL RESERVE	921
NET ASSETS FOR OPERATING RESERVE NET ASSETS INVESTED IN CAPITAL ASSETS	148,895 189,783
	103,703
	387,675
	\$771,277

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ALICE HOUSING SECOND STAGE HOUSING ASSOCIATION OF DARTMOUTH NOTES TO FINANCIAL STATEMENTS

for the year ended March 31, 2013

3. BASIS OF PRESENTATION

These statements have been prepared in accordance with Canadian accounting standards for notfor-profit organizations (ASNPO).

4. ACCOUNTING POLICIES

Financial instruments

Financial instruments are recorded at fair value when acquired or issued. In subsequent periods, financial assets with actively traded markets are reported at fair value, with any unrealized gains and losses reported in income. All other financial instruments are reported at amortized cost, and tested for impairment at each reporting date. Transaction costs on the acquisition, sale, or issue of financial instruments are expensed when incurred.

Use of estimates

The preparation of financial statements in conformity with Canadian accounting standards for not-forprofit organizations requires management to make estimates and assumptions that affect the reported amounts of assets and liabilities at the date of the financial statements, and the reported amounts of revenues and expenses during the reporting period. Actual results could differ from management's best estimates as additional information becomes available in the future. The most significant accounting estimates in these financial statements include allowance for doubtful accounts, the estimated useful lives of capital assets, and deferred revenue.

Revenue recognition

Alice Housing follows the deferral method of accounting for contributions. Restricted contributions and government assistance are recognized as revenue in the year in which the related expenses are incurred. Unrestricted contributions are recognized as revenue when received or receivable if the amount to be received can be reasonably estimated and collection is reasonably assured.

Capital assets

(a) Units A & B, E and Duplexes 1 and 2

Property, buildings and equipment are stated at cost. Amortization on the property and buildings is provided at an amount equal to the principal retirement on long-term debt. Amortization on equipment is at an annual rate of 20% starting in 2004.

(b) Drop-in Centre/Office

Property, building and equipment are stated at cost. Amortization on the property and building is at an annual rate of 4%. Equipment is amortized at an annual rate of 20%.

Amortization is calculated at one-half of the normal annual rate in the year of acquisition; amortization is prorated in the year of disposal.

continued ...

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ALICE HOUSING SECOND STAGE HOUSING ASSOCIATION OF DARTMOUTH

NOTES TO FINANCIAL STATEMENTS for the year ended March 31, 2013

4. ACCOUNTING POLICIES (continued)

(c) Office furniture and equipment

Office furniture and equipment is expensed in the year it is purchased.

Long-term deferred government grant

The long-term deferred government grants are recorded at the cost of the Drop-in Centre/Office, building and equipment, which were fully funded by an HRDC grant. Amortization is recorded at an amount equal to amortization of the related capital assets.

Contributed services and materials

Volunteers contribute many hours per year to assist the association in carrying out its activities. As well, the association accepts various household items, clothes and food as donations that the women are able to take. Due to the difficulty in determining their fair value, contributed services and materials are not recognized in the financial statements.

Government assistance

Alice Housing receives shelter enhancement funding to cover the cost of the repairs on the rental properties. This funding is recorded in the year it is received and is offset against repairs expense.

Impairment of long lived assets

The association tests for impairment whenever events or changes in circumstances indicate that the carrying amount of the assets may not be recoverable. Recoverability is assessed by comparing the carrying amount to the projected future net cash flows the long-lived assets are expected to generate through their direct use and eventual disposition. When a test for impairment indicates that the carrying amount of an asset is not recoverable, an impairment loss is recognized to the extent the carrying value exceeds its fair value.

5. FINANCIAL INSTRUMENTS

Financial instruments are recorded at fair value when acquired or issued. In subsequent periods, financial assets with actively traded markets are reported at fair value, with any unrealized gains and losses reported in income. All other financial instruments are reported at amortized cost, and tested for impairment at each reporting date. Transaction costs on the acquisition, sale, or issue of financial instruments are expensed when incurred.

Liquidity risk

Liquidity risk is the risk that an entity will encounter difficulty in meeting obligations associated with financial liabilities. The society is exposed to this risk mainly in respect of its receipt of funds from its customers and other related sources and accounts payable.

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ALICE HOUSING SECOND STAGE HOUSING ASSOCIATION OF DARTMOUTH NOTES TO FINANCIAL STATEMENTS for the year ended March 31, 2013

5. FINANCIAL INSTRUMENTS (continued)

Market risk

Market risk is the risk that the fair value or future cash flows of a financial instrument will fluctuate because of changes in market prices. Market risk comprises three types of risk: currency risk, interest rate risk and other price risk. The centre is mainly exposed to interest rate risk.

Interest rate risk

Interest rate risk is the risk that the value of a financial instrument might be adversely affected by a change in the interest rates. In seeking to minimize the risks from interest rate fluctuations, the centre manages exposure through its normal operating and financing activities. The centre is exposed to interest rate risk primarily through its investments in Guaranteed Investment Certificates.

The Guaranteed Investment Certificates included in short-term investments are recorded at market value including accrued interest, which is determined by the closing value of these investments and approximates fair market value. The balances at year end included accrued interest of \$- (2012 - \$-).

6. ACCOUNTS RECEIVABLE

	20	13 2012
Trade receivables HST rebate receivable		300 \$ 729 626 10,939
	<u>\$10,</u>	<u>926 </u> \$ 11,668

7. RESERVE DESCRIPTIONS

Replacement Reserve

The replacement reserve is an annual allocation of funds to be used to cover repairs and capital cost replacements for Unit A and B. This reserve is required under the terms of a financing agreement with Canada Mortgage and Housing Corporation, the Minister of Housing of the Province of Nova Scotia and the Halifax Regional Municipality.

Capital Reserve

The capital reserve (previously named the renovation/emergency reserve) is an annual allocation of funds to be used to cover repairs and capital cost replacements for Unit A, Unit B, Unit E, Duplexes 1 & 2 and the office / drop-in centre. As of March 31, 2013, the balance is \$- (2012 - \$921).

Operating Reserve

The operations reserve was established in March 2009 and is to be used to cover any emergencies in the operations of Alice Housing. As at March 31, 2013, the balance is \$110,080 (2012 - \$122,870). During the year funds were used to cover repairs and maintenance of the properties due to a higher rate of turnover this year. In the current and prior year, \$20,000 was drawn from the reserve to cover operating expenditures.

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ALICE HOUSING SECOND STAGE HOUSING ASSOCIATION OF DARTMOUTH NOTES TO FINANCIAL STATEMENTS for the year ended March 31, 2013

8. INVESTMENTS

(a) Income (loss)

	 2013	 2012
Interest Dividends Realized gain (loss) on sale Unrealized gain (loss) Increase in endowment fund value	\$ 8 1,076 844 2,719 2,562	\$ 9 2,726 1,233 (9,984) 1,107
	\$ 7,209	\$ (4,909)

(b) Holdings at market value

	2013	2012
Mutual funds Investment fund	\$ 107,517 28,669	\$ 122,870 26,107
	<u>\$ 136,186</u>	\$ 148,977

9. CAPITAL ASSETS

		2013		2012
	Cost	Accumulated amortization	Net	Net
Unit A Unit B Duplex 1 Duplex 2 Drop in Centre/Office Unit E 1 Unit E 2	\$ 181,678 98,613 37,853 35,450 235,000 157,235 156,224	\$ 176,872 96,938 37,137 34,899 68,864 12,320 12,223	\$ 4,806 1,675 716 551 166,136 144,915 144,001	\$ 18,590 4,740 895 689 173,058 149,703 148,751
	<u>\$ 902,053</u>	\$ 439,253	\$ 462,800	\$ 496,426

The units and duplexes are held for rental purposes.

ALICE HOUSING SECOND STAGE HOUSING ASSOCIATION OF DARTMOUTH NOTES TO FINANCIAL STATEMENTS

for the year ended March 31, 2013

10. INVESTMENT FUND (Alice Housing Fund)

In 2011, Alice Housing entered into an agreement with The Community Foundations of Canada (Foundation) to establish the The Alice Housing Fund with an initial gift of \$25,000. Per their agreement, the Foundation will provide administrative, fund development, and grant making expertise and promotion of The Alice Housing Fund.

The Fund is invested by the Foundation and any investment income or donations received shall be disbursed on an annual basis to Alice Housing. At Alice Housing's discretion, the income may be paid to Alice Housing or reinvested in the Fund.

The Fund will be held permanently by the Foundation until the agreement is amended, or Alice Housing ceases to exist. In the event Alice Housing ceases to exist, the contribution will remain with the Foundation to support other charities or charitable causes as determined by Alice Housing. Should the Foundation cease to exist, Alice Housing would receive their proportionate share of the market value of the investments in the Foundation represented by the Fund.

11. COPYRIGHT AND TRADEMARK

The Association obtained the copyright and trademark of their Healing the Bruises Program. This is an internally developed children's program used to assist youth in their rehabilitation and recovery from abusive relationships. It is the intention of the Association to lend or licence the use of this program to other similar organizations.

12. ACCOUNTS PAYABLE AND ACCRUED LIABILITIES

	 2013	 2012
Trade payables and accrued liabilities Source deductions payable	\$ 24,566 7,943	\$ 9,385 9,628
	\$ 32,509	\$ 19,013

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ALICE HOUSING SECOND STAGE HOUSING ASSOCIATION OF DARTMOUTH

NOTES TO FINANCIAL STATEMENTS for the year ended March 31, 2013

13. LONG-TERM DEBT

	 2013		2012
2.44% mortgage payable, repayable in blended monthly installments of \$1,198, renewable in January 2015, secured by land and building to which it relates with a net book value of \$4,806.	\$ 25,755	\$	39,328
2.44% mortgage payable, repayable in blended monthly installments of \$487, renewable in January 2015, secured by land and building to which it relates with a net book value of \$1,675.	10,464		15,978
4.5% mortgage payable, repayable in blended monthly installments of \$506, renewable in June 2016, secured by land and building to which it relates with a net book value of \$288,916.	74,834		77,475
Loans repaid during the year	 		2,182
	111,053	-	134,963
Less: current portion	 23,210		23,910
	\$ 87,843	\$ 1	11,053

The aggregate amount of principal payments required in each of the next five years to meet retirement provisions, assuming renewal of the mortgages on identical terms, is as follows:

20 20 20	015 016 017 018	\$ 23,210 18,920 3,161 3,306 3,458
Tł	hereafter	58,998

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Schedule A

ALICE HOUSING SECOND STAGE HOUSING ASSOCIATION OF DARTMOUTH SCHEDULE OF EARNINGS FROM OPERATIONS for the year ended March 31, 2013

				Duplex	Total	Total
	Unit E	Unit A	Unit B	1 & 2	2013	2012
REVENUE						
Rentals CMHC rent subsidy	\$ 11,536 \$ _	33,169 2,974	\$ 23,493 \$ 1,815	25	93,394 4,789	\$ 96,058 8,209
wasners and dryers	11,536	413 36,556	33U 25,638	390 25,586	1,133 99,316	1,692
EXPENDITURES						
Amortization Bad debts	9,538 -	13,784 -	3,065 -	317	26,704 -	30,079 8,752
Heat	T	9,011	4,890	7,963	21,864	21,266
Insurance	1,421	2,065	1,097	1,239	5,822	5,231
Miscellaneous	314	σ	•	82	405	775

Amortization	9,538	13,784	3,065	317	26,704	30,079
3ad debts	•	ł		I	ı	8,752
Heat	r	9,011	4,890	7,963	21,864	21,266
nsurance	1,421	2,065	1,097	1,239	5,822	5,231
discellaneous	314	6		82	405	775
Mortgage interest	3,432	778	316	136	4,662	5,626
ower	48	1,661	1,440	160	3,309	3,082
Property taxes	3,825	915	902	1,273	6,915	4,915
Repairs, net of shelter enhancement grants	2,936	14,474	8,816	12,729	38,955	47,843
Security	1,486	1,597	1,538	2,037	6,658	2,182
Nater	775	1,473	883	2,049	5,180	5,060
	23,775	45,767	22,947	27,985	120,474	134.811

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(2,399) \$ (21,158) \$ (28,852)

2,691 \$

(9,211) \$

\$ (12,239) \$

EXCESS EXPENDITURES OVER REVENUE

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