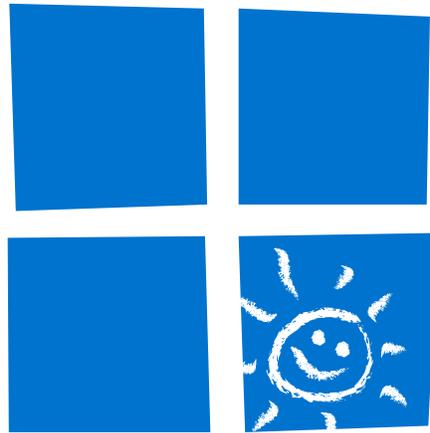


# Annual Report 2015 - 2016



Alice Housing

Alice Housing is an award winning second stage safe housing organization for women and children, who are leaving domestic violence.



Live Safe



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# ALICE HOUSING OVERVIEW

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Alice Housing is a non-profit organization that has been providing safe housing, counselling and support for women and children fleeing domestic violence since 1983. We operate under four guiding principles;

- ***Every person has the right to live without fear of physical, psychological, emotional, sexual, spiritual or financial abuse.***
- ***Women and men should have equal opportunities to develop their potential to live full and rich lives.***
- ***All persons have the right to decide for themselves the direction their lives will take, according to their personal values and needs.***
- ***Children have the right to grow up without terror and without fear from the very people who are supposed to protect them from harm.***

Through our multiple and award winning programs, Alice Housing enables long standing recovery, stability and the opportunity for women to reclaim their lives. Our **Safe Housing** program is the first step to safety and healing as it deals with our basic need of interpersonal safety. Our units are unmarked, equipped with enhanced security features and are flagged with community police. The next step is integration into our counselling program that is comprehensive, adaptable and holistic. We are able to provide counselling that is specific for women in our **Live Safe** program, which includes one-on-one therapy, trauma-informed group work, empowerment and holistic programming, such as yoga and self defense. In addition, we are proud to offer counselling explicitly for children in our **Healing the Bruises** program, which is comprised of art and play therapy, recreational activities and one on one counselling.

Alice Housing is also committed to providing referral, education and advocacy services to Nova Scotia and the Halifax Region. Our **Administration** is called upon daily by individuals seeking community resources and information about domestic violence. Our **Community Navigator** and **Executive Director** visit high schools, universities, organizations and corporate offices to increase their understanding of violence in relationships, provide tools to recognize warning signs and knowing where to get help.

Our **Board of Directors** are steadfast in ensuring financial accountability, stability and policies that reflect our mission and vision. We rely on strong corporate partnerships, government, community based organizations and the generosity and commitment of individuals to maintain ourselves financially, ensuring we live in a community where people can choose to live in violence-free homes.



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# LIVE SAFE

APRIL 1, 2015- MARCH 31, 2016

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The women who come into Alice Housing have all fled intimate partner violence. We are proud of our innovative **Live Safe** program and are grateful every day to be able to provide this kind of specialized support for women in need in our communities. All of the services listed below are provided to our program participants at **no cost** to them. We also go the extra mile to reduce or eliminate costs associated with coming to counselling, such as transportation and childcare.

This year our Live Safe program weathered some change when our Women's Counsellor Kathleen Jennex retired. Alice Housing was fortunate to be able to obtain MSW, Cindy Knpton to take over this core program. Transition always brings its challenges and a sense of loss but also new perspectives and a fresh start. In addition to a very successful shift in personnel, our Live Safe Program also accomplished the following work with our women;

**One on One Therapeutic Counselling:** Women in the Live Safe program benefit greatly from this kind of confidential exploration of past trauma and how to move forward in their healing. **This past year we provided 325 one-on-one counselling appointments.**

**Group Therapy:** We offer two support therapy groups that occur and provide women with peer support and group discussion about issues and impacts of violence. **43 group sessions were delivered last year.**

**Advocacy and support:** While women are healing, they are also working to rebuild their lives and reclaim their independence from a circumstance that often renders them isolated and marginalized. Advocating with social workers, health care practitioners, insurers, the courts, law enforcement and employers are just a few of the areas where we do our work. **Through the 2015-16 year advocacy and support occurred on 187 occasions.**

**In addition to our key program features, Live Safe also:**

- Provided **81 referrals** to community and health related agencies;
- Logged 1029 **Participant program hours**;
- Conducted **28 assessments**





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# HEALING THE BRUISES

APRIL 1, 2015- MARCH 31, 2016

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Alice Housing is very proud of this innovative program and is grateful to be able to provide this kind of specialized support for the children and the mothers of our program and other community organizations. All of the services listed below are provided to our program participants at **no cost** to them. We also attempt to reduce or eliminate associated costs with coming to counselling, like transportation and childcare.

**Counselling for Children:** The children who come into Alice Housing have been exposed to violence in the place where they should feel the safest; their home. In addition to the presence of violence, these children have to navigate the confusion around the perpetrator often being their father or a father-figure. Our Child and Youth Counsellor, focuses on emotional awareness, and utilizes art and play therapy to help children identify and communicate their feelings and needs. **This past year we provided 246 one-on-one counselling appointments.**

**Parent Coaching and Support** Through Healing the Bruises we are able to provide the women in our program specific coaching and guidance on how to support their children who are healing from the abuse they witnessed. The mother is an integral part of their healing in that she is the primary caregiver and also the one who they witnessed experiencing the abuse. **174 hours of coaching and support was provided to the mothers last year.**

**Community Support:** This year we expanded our resources and knowledge into other community organizations working with families whose children have been exposed to violence. We have partnered with **New Start Counselling** to deliver parent support and information to their clients as well as **Foster Care Outreach** and the **Post Adoption Programs** offered through DCS. These partnerships provide the opportunity to inform and new parents and caregivers of children who have been exposed to violence in their previous family circumstances.

**In addition to our key program features, Healing the Bruises also:**

- Provided **111 referrals or consultations** with community and health related agencies;
- Engaged with school administration **25 times.**
- Transportation Support occurred on **246 occasions.**





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# SAFE HOUSING

APRIL 1, 2015- MARCH 31, 2016

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Establishing personal safety is the cornerstone of Alice Housing. We believe that; **every person has the right to live without fear of physical, psychological, emotional, sexual, spiritual or financial abuse.** As such, we work hard to ensure the housing we provide is set to levels that are affordable for everyone, are kept in good repair and the security features are maintained and effective.

During the 2015-2016 fiscal year our Safe Housing Program provided:

**Energy Efficiency: Replaced the 25 year old oil burning furnace** with an energy efficient propane furnace at one of our low rise buildings. This change will reduce our heating costs for years to come in addition to being more environmentally friendly. We also **replaced six** broken or inefficient appliances and had **Efficiency Nova Scotia** assess two other properties and make recommendations.

**Maintenance:** Last year we spent \$69,759 on maintenance and repairs to our homes to ensure safety, comfort and pride for the families who come into our program. In addition, we received \$37,652 of donated services and upgrades including the complete renovation of the kitchens in four of our townhouses, finished basement and replaced two roofs. This was possible through the generosity of **St. Pauls Home, Home Depot and HRM Grants.**

**Provision of safe housing: Twelve women and 22 children successfully moved out** of our program last year. **Eight** of those families moved into long term housing solutions with furniture and household needs *acquired while at Alice Housing.* **Fifteen women and 25 children** moved into our safe housing through advocacy and effective partnerships with Department of Community Services, Victims Services and other women's service organizations.

**In addition to our key program features, Safe Housing also:**

- Provided **advocacy 99 times** to government and housing related services;
- On site visits **423** times through the year;
- **Coordinated with local contractors on 251** occasions;
- Provided outreach and met off site with clients **53 times**; and
- Replaced **six** appliances.
- Upgraded and increased number of security cameras.



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# COMMUNITY NAVIGATOR

APRIL 1, 2015- MARCH 31, 2016

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Our Community Navigator position has officially run a complete fiscal year and we could not be happier with the results of this program. This program was developed in response to the need for additional support for women once they left the Alice Housing program and are reintegrating into community, but what we have found is that current Alice Housing clients are accessing the outreach services of this position with outstanding results. Our Community Navigator also goes out into the community to provide educational workshops on healthy relationships, builds community connections and raises awareness about intimate partner violence.

This position also saw transition this year. We were happy to welcome Shauna Munroe to the position in late 2015 and the support provide to clients has only expanded.

Through the development of this position and in constant consultation with the women who access our services, we have realized that outreach services, such as acquiring identification, finding a doctor, opening a bank account, and other basic needs reduce the barriers to achieve their goals of independence. Through our role of community navigator these outreach services are being provided.



Alice Housing

Alice Housing offers a window of opportunity to women and children fleeing domestic abuse by providing safe and supported housing and programs over an extended period of time.



Contact 466-8459 [www.alicehousing.ca](http://www.alicehousing.ca)

*Since April 1, 2015 our Community Navigator position has:*

- **Provided support** for current and past Alice Housing clients through face to face, or telephone support on **329 occasions**.
- **Provided advocacy, referrals and community resources** for Alice Housing clients on **123 occasions**.
- **Delivered 47 community and school presentations** on Alice Housing, Intimate Partner Violence and Healthy Relationships.
- **Presented interactive workshops to 680 high school students** about how to identify abuse in their relationships and where to go for support.
- **Provided direct court support on 11 occasions**.



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# HOLISTIC PROGRAM

APRIL 1, 2015- MARCH 31, 2016

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***Non-Violent Communication:*** 6 week program that teaches women how to acknowledge and communicate feelings in order to establish and maintain boundaries.

Project Outcomes:

- Enhance capacity to communicate by expressing feelings safely
- Embrace self-compassion and understanding
- Develop capacity to identify unhealthy relations and communication patterns

\*Partnership: Dawn Carson "***Halifax Shambala Centre***"

***Mindfulness Practice:*** 6 week program that teaches women the art of a mindfulness practice and how to incorporate it into their lives.

Project outcomes:

- Practicing mindfulness improves both mental and physical health
- Relieves stress, anxiety and depression
- Improves ability to cope with trauma or ongoing stressors.

\*Partnership: Dawn Carson "***Halifax Shambala Centre***"

***Self Defence:*** 6 Week Self Defence training teaching women how to be aware of their surroundings and how to defend themselves from aggressors.

Project outcomes:

- Women feel strong and they can protect themselves and their children if necessary
- Builds self-esteem
- Enhances autonomy and re-establishes a feeling of control over their own lives

\*Partnership: Joan Helson "***Sisu Women's Self Defence***"

***Trauma Informed Yoga-*** Trauma-informed yoga is taught in a very specific manner, emphasizing control over one's own experience, honoring the limits of one's own body, and inviting trauma survivors to explore their individual experience.

Project outcomes:

- Learn poses which decrease symptoms of anxiety, depression, PTSD, and insomnia.
- Feeling empowered, and experience clarity.

\*Partnership; Cleo Burke; "***Therapeutic Approach Yoga Studio***"



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# ALICE HOUSING ADMINISTRATION

APRIL 1, 2015- MARCH 31, 2016

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This department is the backbone of Alice Housing operations. It is most often our first point of contact with women calling in crisis, with funders and donors, staff members, current clients looking for supports and anyone else who calls or emails looking for information about Alice Housing.

- Received **854** phone call requests for information, resources, support and referrals
- **75** women called in need of safe housing
- **229** deliveries of food from Feed Nova Scotia
- **789** visits to our admin office and drop in centre from clients
- Phone support for past and current clients on **209** occasions
- Hosted celebration, family style dinners over all the major holidays for clients and their children.
- Manages payroll, bill payments, filing, and all things to do with the successful and succinct running of a busy office place.

Our Alice Housing Administration take a vital role in our fundraising and grant management systems.

With the support and direction of the Executive Director, this department has expanded our donor management and recognition capacity. In constant pursuit of financial stability, we are working hard to ensure we have updated systems and practices that allow us to track, recognize and meet the reporting requirements of Alice Housing granting agencies and funders. These efforts have resulted in a positive year including 6 successful new grants, 8 grants renewals, and a new corporate sponsorship. A total of 36 grants were applied for resulting in **\$75,335** total revenue from solicited grants. This is a **41% increase** from our 2014-2015 year.

The support received through these grants are vital to the sustainability of Alice Housing. The grants span local, provincial and national and we are comforted by the interest in corporate and other granting programs to support families in our community.



# FUNDRAISING REPORT

APRIL 1, 2015- MARCH 31, 2016

## *Behind the Headlines: The Impact of Violence with Mr. Linden MacIntyre*

Presented by:



Every year, Alice Housing aims to deliver a fundraiser that raises necessary dollars to ensure organizational stability, but also an event that informs and celebrates Alice Housing supporters. We are so fortunate to have strong corporate support, a strong board of directors and consistent support

from city leadership. Our supporters are interested in knowing more about domestic violence in our province, contributing financially to Alice Housing and networking with like-minded corporate and community leaders.

On February 18th at the Westin Nova Scotian, Alice Housing was proud to bring in Gemini Award Winner, Scotiabank Giller Prize winner, Canadian Journalist, broadcaster and novelist; Mr. Linden MacIntyre. Along with our event co-chairs, Mayor Mike Savage and Deputy Police Chief Bill Moore who each gave powerful speeches on the impacts of domestic violence, Mr MacIntyre captivated the audience with tales and experiences from his outstanding career and his thoughts on violence and how it impacts us all. This address was followed by the very real experience of a woman who

lived through a terrifying experience of domestic violence who and came to find solace and recovery at Alice Housing.



Through the hard work of our board members, outstanding corporate sponsorships and community support, our event generated a net total of **\$35,598** and solidified another strong financial year for Alice Housing.

Thank you to all our corporate and individual supporters who purchased sponsorships, pledges and tickets.

## Additional Fundraising Opportunities in the 2015-2016 Year

### ALICE HOUSING FLY AWAY LOTTERY!

During our fundraising event in February Alice Housing launched our Fly Away Lottery. With the generous donation of TWO round trip WESTJET Airline



tickets for anywhere in the world WESTJET flies we took the opportunity to extend our lottery beyond the sales at our event and continue to sell tickets even beyond the fiscal year. With the hard work of our board of directors and staff, \$8,310 of tickets were sold!

We are grateful to WESTJET for this wonderful opportunity and are hoping to do it again next year.



**50/50 Ticket Sales** Once again, Alice Housing had the opportunity to coordinate the 50/50 draws at the **Atlantic University Sport Basketball Championships** held at Scotiabank Centre. Over the course of three days, ten basketball games and with the help of 20 volunteers, Alice Housing sold **\$12,156** in 50/50 tickets!

We were also fortunate this year to be able to sell 50/50 tickets for the **Halifax Mooseheads** games that were held at the Halifax Forum! We were thrilled to have the opportunity to partner with the Halifax Mooseheads and over the course of three games sold **\$26,030** in ticket sales! After the thrill of handing out the cash prizes Alice Housing's net proceeds totalled **\$13,015!**

**Total generated revenue from all 50/50 tickets sales events in 2015-2016 Fiscal; \$15,635! Thank you Atlantic University Sport and the Halifax Mooseheads for these fantastic fundraising opportunities!**



# THANK YOU!



Alice Housing would also like to thank the **Nova Scotia Department of Community Services** for their ongoing support for our programs and housing. This significant support provides us the opportunity to focus on the delivery and sustainability of safe housing and programming for women and children escaping violence. In addition to the annual financial contribution from the province we are under the comprehensive arm of The Nova Scotia Advisory Council on the Status of Women where issues faced by women can be heard and addressed through a women's centered approach.

We would also like to take this opportunity to acknowledge the fundraising success of **Royal LePage Atlantic**. Through multiple fundraisers throughout the 2015/16 year including a golf tournament, garage sale, bake sale and direct commission contribution donations from individual agents, **Royal LePage raised a total of \$48,202.80 for Alice Housing and our programs.**



**Thank you Royal LePage Atlantic for your commitment and hard work! You are making a difference for women and children in our communities.**



We would like to take this opportunity to acknowledge the support of **BOYNECLARKE** as our event Gold Sponsor and supporter of Alice Housing throughout the year. **BOYNECLARKE**, along with other law firms in the city participated in a gift card donation initiative that marks International Women's Day, and of which Alice Housing is a beneficiary.

## Thank you for your ongoing support!



**Canada Post  
Community  
Foundation**



**Alice Housing would like to thank the following friends for their  
generosity and continued support;**

211 Nova Scotia	Killam Properties
Adanac Maintenance	Kiwanis Club of Dartmouth
Aliant Pioneers	Labatt
Alice Housing Christmas Angels	Lake Echo Lioness
Atlantic Acura	Manulife
Atlantic Lottery Corporation	Markopelli Consulting Inc.
Atlantic University Sport	Medavie Blue Cross
Auburn Drive High School	McInnes Cooper
Bell Aliant	Mount Saint Vincent University
Beta Sigma Phi	Nova Scotia Advisory Council on the Status of Women
Bibles to Missions	Nova Scotia Insurance Women's Association
Canadian Federation of University Women	Nova Scotia Provincial Lotteries & Casino Corporation
Canadian Women's Foundation	O'Regan's Automotive Group
Charm Diamond Centre	PriceWaterhouseCoopers
Chebucto West Community Health Board	Prince Andrew High School
Christ Church	Programmed Insurance Brockers Inc.
CIBC Wood Gundy	RBC
Cobequid Community Health Board	RBC Foundation
Cox & Palmer	Royal LePage Shelter Foundation
Dalhousie Student Pharmacy Society	Scotia Fuels Ltd.
Dartmouth Community Health Board	Sinclair Billard & Weld
Dartmouth High School	Sisters of Charity Halifax
Desjardins	St. Andrew's CWL
Eastport Financial Group Inc.	St. James Anglican Church
Flemming Charitable Foundation	TD Canada Trust, Atlantic Region
Garnets & Concord Building C Ltd.	The Canadian Payroll Association
Grace Chapel	The Georgina Foundation
Grace United	The Halifax Mooseheads
Halifax C&D Recycling Ltd.	The Home Depot Canada Foundation
Halifax Community Health Board	The McCain Foundation
Halifax Harbour Bridges	The Rotary Club of Dartmouth
Halifax Port Authority	The Summit
Halifax Protestant Infants Foundation	The Tarabish Girls
Halifax Regional Municipality	The Wawanesa Mutual Insurance Company
Halifax Youth Foundation	Wickwire Holm
IMP Group International Inc.	
Invis Angels in the Night	

***To protect privacy, we do not list donations made by individuals. If we have excluded anyone from this list, please know that your kindness has not been forgotten and is greatly appreciated.***

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## OTHER COMMUNITY EVENTS

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Our 2014-15 fundraiser ran into some weather problems that kept our key note speaker Mr. Don McPherson stranded in New York. Don McPherson is a former NFL and CFL quarterback who has dedicated his life to addressing the role of men and masculinity in the fight against domestic violence and violence against women. Our event went on without Don McPherson in the room but we promised our ticket holders that we would get him to Halifax when the weather was better. This past May Don McPherson arrived to deliver his message to Halifax. During his two days here, Mr. McPherson participated in multiple events;



- Delivered a lecture to 85 plus attendees at Paul O'Regan Hall.
- Attended an invitation only, catered meet and greet with Alice Housing funders and supporters
- Delivered a talk at the Nova Scotia Crime Prevention Symposium connecting law enforcement officers, government and community organizations from across Atlantic Canada
- Participated in a lunch and learn question and answer session hosted by Nova Scotia Council on the Status of women for invited leaders in women's organization in Nova Scotia
- Was the invited guest to a private reception hosted by Mayor Mike Savage that included Police Chief Jean-Michel Blais, Nova Scotia RCMP Chief Inspector R. Wells, Halifax Regional Fire and Emergency leadership, Alice Housing representatives and multiple city councillors.

We were so grateful to have not only Don McPherson come to Halifax but for him to be so openly received by our provincial and municipal government leaders. His message was heard and he was highly impressed by the level of commitment and engagement by our city in reducing and responding to incidents of domestic violence.



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## CO-CHAIR REPORT

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In the 2015/2016 year, the Alice Housing Board of Directors welcomed new Board Members and also said goodbye to others. As a result of these changes, and the continued leadership of our Executive Director, Alice Housing experienced change and significant growth this year. Heading into 2016/2017, Alice Housing is very stable – both from a staffing and financial perspective. Our Board could not be happier with the overall success and future prospects of the organization.

In September, 2016, Karen Gordon moved from her role as Secretary into the Co-Chair position (with Jessica Chapman). Leslie Hawco remained on as Treasurer, for the fourth year in a row. Rounding out the Executive is Tsege Gebreyohannes who took over as Secretary after recently joining the Board in late 2014.

In 2015/2016, the Board welcomed Rob Weld, Maddy Carter, Andrea Nauf and Christian Weisenburger. Unfortunately, the Board will be saying goodbye to long-serving Board Members including, Susan Godwin, Leslie Hawco, Dave Roberts and Jessica Chapman, who we thank for their efforts and contribution to the overall success of Alice Housing.

Our Executive Director, Heather Byrne, will celebrate her second anniversary with Alice Housing in August, 2016. Heather continues to drive the growth of the organization; this is evidenced by our year-end financials and the morale amongst the staff and Board. The Board continues to be in awe of her work ethic, leadership and passion for Alice Housing.

This year our long time women's counsellor Kathleen Jennex retired after 5 years of service with Alice Housing after a long career in our community. We are beyond thankful to Kathleen for her meaningful contribution to Alice Housing. While Kathleen's shoes are big to fill, our new women's counsellor, Cindy Knapton started in January, 2016 and she has already helped to grow and adapt our programs, developing and building relationships with Alice Housing clients. We also said goodbye to Mynah Meagher and welcomed our new community navigator, Shauna Munroe, who has been an amazing addition to the Alice Housing team.

The Board would like to thank the other staff at Alice Housing, including Tina Riley, Andrea Beazley and Lori Morgan. This organization does not exist without the dedication of these women and we speak for each Board Member when we say thank you for all that you do to help women and children in our community every single day.

This year the Board's property committee completed an analysis and prioritized projects. The HR and compensation committee developed a compensation and interviewing framework. The Events Committee collaborated with staff to hold a successful event in February, 2016.

Overall, 2016/2017 will bring us similar success. A big thank you to all who support Alice Housing and to everyone who works to make Alice Housing the organization it is.

Jessica Chapman and Karen Gordon, Board Co-Chairs



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## EXECUTIVE DIRECTOR REPORT

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The 2015-2016 fiscal was a strong year for Alice Housing marked by strong and on-going corporate support, commitment from the Province of Nova Scotia and program evolution and in-house development.

Our programming has expanded in almost every department. Our women's counsellor is now seeing women who need counselling who live outside of our housing. Our Healing the Bruises program has taken to the road and is providing knowledge and support for other organizations who work with children. Our Community Navigator has expanded services to current and past Alice Housing clients. The housing we offer continues to be improved and updated to ensure safety, energy and cost efficiency, and comfort. My role within the community expands with my commitment to partnering and collaborating with other women serving organizations in the city and our administration is developing a donor recognition program so that we can increase communication and foster strong, long term relationships with donors and funders.

Last year had multiple fundraising and community awareness opportunities that enabled us to surpass our fundraising targets. This is due in part to the hard work and commitment of our Board of Directors and staff but is also due to a demonstrated commitment by corporations and foundations, both nationally and locally.

Beyond our corporate and local business support is the support of individual community members. Our Christmas campaign, monthly online contributions, and one time annual contributions are also up from last year.

I want to take this opportunity to thank the Alice Housing staff team, Tina, Andrea, Shauna, Lori and Cindy for your work and commitment to the women who come through our doors. I would also like to thank our committed Board of Directors for your support and contribution to the success of this organization.

I am inspired every day I have the privilege to come to work at Alice Housing. Tearing down beliefs and barriers that contribute to a world where violence against women is a reality is still a monumental task; but working here leaves me hopeful. This organization can provide support and resources because we are part of a community that provides us with support and resources. We are part of a community that insists that everyone deserves to have a home that is safe. Alice Housing is doing this community's work.

Heather Byrne, Executive Director



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## FINANCIAL REPORT

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*This committee is comprised of Leslie Hawco, CA, CBV and Ad Hoc member, Donna Fowler.*

During the year ended March 31, 2016, Alice Housing had total revenues of \$688,909 (Operating Revenue - \$119,604 and Other Income - \$569,305) and total expenditures (Operating Expenditures - \$169,384 and Administrative and Other Expenditures - \$433,152) of \$602,536 which resulted in Excess Revenues Over Expenditures of \$86,373, an 15% decrease from fiscal 2015.

Earnings from operations reported a \$49,780 deficit which was the result of the properties requiring \$89,764 of repairs (rental income was \$109,112), which is an additional \$13,000 in maintenance in fiscal 2016 from 2015. The Board has responded by increasing the general maintenance budget to anticipate further work being required on our aging properties.

The \$39,390 increase in Donations and Fundraising revenue is attributed to a \$22,000 increase from fiscal 2015 in solicited grants, and a \$15,000 increase in special event and corporate donation revenue in 2016.

Administrative and Other Expenses increased by \$33,870 from fiscal 2015. Of this increase, \$21,195 relates to increased salaries as a result of 2016 reflecting a full year's salary for the Community Navigator position, as well as the Housing Coordinator moving from a part-time position to a full-time position. The \$5,153 increase in program expenses is attributed to an increase in child care, drop in centre and program supply expenditures, however 2016 expenses were still under budget. The year over year difference is more attributed to the fact that Alice Housing underspent in these areas in 2015, and 2016 brought more attention to investing in our programs. The \$4,000 increase in Fundraising Expenses, correlates proportionally with the increased fundraising revenue noted above.

The Board has approved the budget for fiscal 2016/2017 projecting an increase in resources of \$7,135.

Leslie Hawco, CA, CBV Treasurer

**ALICE HOUSING**  
*(Second Stage Housing Association of Dartmouth)*  
**Financial Statements**  
**Year Ended March 31, 2016**

**ALICE HOUSING**  
**(Second Stage Housing Association of Dartmouth)**  
**Index to Financial Statements**  
**Year Ended March 31, 2016**

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# LYLE TILLEY DAVIDSON

Chartered Accountants



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## INDEPENDENT AUDITOR'S REPORT

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To the Members of Alice Housing (Second Stage Housing Association of Dartmouth)

We have audited the accompanying financial statements of Alice Housing, (Second Stage Housing Association of Dartmouth), which comprise the statement of financial position as at March 31, 2016 and the statements of revenues and expenditures, changes in net assets and cash flows for the year then ended, and a summary of significant accounting policies and other explanatory information.

### Management's Responsibility for the Financial Statements

Management is responsible for the preparation and fair presentation of these financial statements in accordance with Canadian accounting standards for not-for-profit organizations, and for such internal control as management determines is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

### Auditor's Responsibility

Our responsibility is to express an opinion on these financial statements based on our audit. We conducted our audit in accordance with Canadian generally accepted auditing standards. Those standards require that we comply with ethical requirements and plan and perform the audit to obtain reasonable assurance about whether the financial statements are free from material misstatement.

An audit involves performing procedures to obtain audit evidence about the amounts and disclosures in the financial statements. The procedures selected depend on the auditor's judgment, including the assessment of the risks of material misstatement of the financial statements, whether due to fraud or error. In making those risk assessments, the auditor considers internal control relevant to the entity's preparation and fair presentation of the financial statements in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the entity's internal control. An audit also includes evaluating the appropriateness of accounting policies used and the reasonableness of accounting estimates made by management, as well as evaluating the overall presentation of the financial statements.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our qualified audit opinion.

*(continues)*

Basis for Qualified Opinion

In common with many not-for-profit organizations, Alice Housing, (Second Stage Housing Association of Dartmouth), derives revenue from fundraising activities the completeness of which is not susceptible to satisfactory audit verification. Accordingly, verification of these revenues was limited to the amounts recorded in the records of Alice Housing, (Second Stage Housing Association of Dartmouth), Therefore, we were not able to determine whether any adjustments might be necessary to fundraising revenue, excess of revenues over expenses, and cash flows from operations for the years ended March 31, 2015 and March 31, 2016, current assets and net assets as at March 31, 2015 and March 31, 2016.

Qualified Opinion

In our opinion, except for the possible effects of the matter described in the Basis for Qualified Opinion paragraph, the financial statements present fairly, in all material respects, the financial position of Alice Housing, (Second Stage Housing Association of Dartmouth), as at March 31, 2016 and the results of its operations and its cash flows for the year then ended in accordance with Canadian accounting standards for not-for-profit organizations.

A handwritten signature in black ink that reads "Lyle Tilley Davidson". The signature is written in a cursive style with a large initial "L" and "D".

Halifax, Nova Scotia  
June 8, 2016

CHARTERED ACCOUNTANTS

**ALICE HOUSING**  
**(Second Stage Housing Association of Dartmouth)**  
**Statement of Financial Position**  
**March 31, 2016**

	2016	2015
<b>ASSETS</b>		
<b>CURRENT</b>		
Cash - unrestricted	\$ 181,296	\$ 180,914
Accounts receivable (Note 3)	12,478	12,022
Prepaid expenses	1,579	1,401
	<u>195,353</u>	<u>194,337</u>
<b>CASH - RESTRICTED</b>		
Replacement reserve (Note 4)	11,176	9,699
Security deposit	4,919	4,918
Operating reserve (Notes 4, 5)	195,255	93,260
	<u>211,350</u>	<u>107,877</u>
<b>CAPITAL ASSETS (Note 6)</b>	<b>426,244</b>	<b>426,505</b>
<b>INVESTMENT FUND (Notes 5, 7)</b>	<b>33,643</b>	<b>35,750</b>
<b>COPYRIGHT AND TRADEMARK (Note 8)</b>	<b>4,926</b>	<b>4,926</b>
	<u>\$ 871,516</u>	<u>\$ 769,395</u>
<b>LIABILITIES AND NET ASSETS</b>		
<b>CURRENT</b>		
Accounts payable and accrued liabilities	\$ 45,911	\$ 20,381
Deferred revenue	34,924	34,772
Security deposits	3,783	4,570
Current portion of long term debt (Note 9)	4,362	3,022
	<u>88,980</u>	<u>62,745</u>
<b>LONG TERM DEBT (Note 9)</b>	<b>61,798</b>	<b>66,160</b>
<b>LONG-TERM DEFERRED GOVERNMENT GRANT</b>	<b>146,986</b>	<b>153,111</b>
	<u>297,764</u>	<u>282,016</u>
<b>NET ASSETS</b>		
Unrestricted	154,222	180,207
Replacement Reserve	11,177	9,699
Operating Reserve	195,255	93,260
Invested in Capital Assets	213,098	204,213
	<u>573,752</u>	<u>487,379</u>
	<u>\$ 871,516</u>	<u>\$ 769,395</u>

**ALICE HOUSING**  
**(Second Stage Housing Association of Dartmouth)**  
**Statement of Revenues and Expenditures**  
**For the Year Ended March 31, 2016**

	2016	2015
<b>REVENUE</b> <i>(Schedule 1)</i>	\$ 119,604	\$ 118,258
<b>EXPENDITURES</b> <i>(Schedule 1)</i>	<u>169,384</u>	152,696
	<u>(49,780)</u>	<u>(34,438)</u>
<b>OTHER INCOME</b>		
Province of Nova Scotia	210,642	210,642
United Way	58,549	60,005
Donations and fundraising	293,165	253,778
Investments and investment fund <i>(Note 5)</i>	19	5,770
Criminal Injuries Justice Fund	<u>6,930</u>	<u>5,340</u>
	<u>569,305</u>	<u>535,535</u>
<b>INCOME BEFORE ADMINISTRATIVE AND OTHER EXPENDITURES</b>	<u>519,525</u>	<u>501,097</u>
<b>EXPENSES</b>		
Administration	27,388	23,532
Fundraising expenses	29,004	25,027
Professional fees	6,924	6,878
Program	12,610	7,457
Public relations	2,629	4,741
Repairs	4,998	5,362
Salaries and wages	329,801	308,606
Telephone	6,580	6,695
Travel	5,570	4,334
Utilities	<u>7,648</u>	<u>6,650</u>
	<u>433,152</u>	<u>399,282</u>
<b>EXCESS OF REVENUE OVER EXPENSES</b>	<u>\$ 86,373</u>	<u>\$ 101,815</u>

**ALICE HOUSING**  
**(Second Stage Housing Association of Dartmouth)**  
**Statement of Changes in Net Assets**  
**Year Ended March 31, 2016**

	Unrestricted	Replacement Reserve	Operating Reserve	Invested in Capital Assets	Total 2016	Total 2015
<b>NET ASSETS - BEGINNING OF YEAR</b>	\$ 180,207	\$ 9,699	\$ 93,260	\$ 204,213	\$ 487,379	\$ 385,564
Excess of revenue over expenses	86,373	-	-	-	86,373	101,815
Transfer to replacement reserve	(1,478)	1,478	-	-	-	-
Amortization	10,567	-	-	(10,567)	-	-
Repayment of mortgages	(25,576)	-	-	25,576	-	-
Amortization of HRDC grant	6,124	-	-	(6,124)	-	-
Changes in investments	(101,995)	-	101,995	-	-	-
<b>NET ASSETS - END OF YEAR</b>	\$ 154,222	\$ 11,177	\$ 195,255	\$ 213,098	\$ 573,752	\$ 487,379

**ALICE HOUSING**  
**(Second Stage Housing Association of Dartmouth)**  
**Statement of Cash Flows**  
**Year Ended March 31, 2016**

	2016	2015
<b>OPERATING ACTIVITIES</b>		
Excess of revenue over expenses	\$ 86,373	\$ 101,815
Items not affecting cash:		
Amortization of capital assets	16,691	15,776
Loss on disposal of investments	437	997
Unrealized loss (gain) on investments	3,206	(5,016)
Amortization of HRDC grant	(6,124)	(6,380)
Reinvested income	(1,285)	(1,743)
	<u>99,298</u>	<u>105,449</u>
Changes in non-cash working capital:		
Accounts receivable	(456)	5,177
Replacement reserve	(1,477)	(1,484)
Security deposit - restricted cash	(1)	(552)
Accounts payable and accrued liabilities	25,533	(20,327)
Deferred revenue	152	25,802
Prepaid expenses	(178)	(90)
Security deposits	(787)	(23)
	<u>22,786</u>	<u>8,503</u>
Cash flow from operating activities	<u>122,084</u>	<u>113,952</u>
<b>INVESTING ACTIVITY</b>		
Purchase of capital assets	<u>(16,432)</u>	-
<b>FINANCING ACTIVITIES</b>		
Repayment of long term debt	(3,022)	(19,553)
Proceeds from sale of investments	89,596	11,224
Purchase of short-term investments	(191,844)	(11,224)
Cash flow used by financing activities	<u>(105,270)</u>	<u>(19,553)</u>
<b>INCREASE IN CASH FLOW</b>	<b>382</b>	<b>94,399</b>
Cash - beginning of year	<u>180,914</u>	<u>86,515</u>
<b>CASH - END OF YEAR</b>	<b>\$ 181,296</b>	<b>\$ 180,914</b>

**ALICE HOUSING**  
**(Second Stage Housing Association of Dartmouth)**  
**Notes to Financial Statements**  
**Year Ended March 31, 2016**

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**PURPOSE OF THE ASSOCIATION**

Alice Housing (Second Stage Housing Association of Dartmouth) (the "Association") is a not-for-profit organization incorporated under the Societies Act of Nova Scotia. As a registered charity the Association is exempt from the payment of income tax under Section 149(1) of the Income Tax Act.

The Association operates to provides second stage housing and support counselling for women and children leaving domestic abuse.

In the prior year, the Association changed its legal name from W. Williams Non-profit Housing Association to Second Stage Housing Association of Dartmouth.

**1. SUMMARY OF SIGNIFICANT ACCOUNTING POLICIES**

Basis of presentation

The financial statements were prepared in accordance with Canadian accounting standards for not-for-profit organizations (ASNFPO).

Cash and cash equivalents

Cash includes cash and cash equivalents. Cash equivalents are investments in Guaranteed Investment Certificates and are valued at cost plus accrued interest.

Financial instruments policy

Financial instruments are recorded at fair value when acquired or issued except for related party transactions which are recorded at the exchange amount. In subsequent periods, financial assets with actively traded markets are reported at fair value, with any unrealized gains and losses reported in income. All other financial instruments are reported at amortized cost, and tested for impairment at each reporting date. Transaction costs on the acquisition, sale, or issue of financial instruments are expensed when incurred.

Measurement uncertainty

The preparation of financial statements in conformity with Canadian accounting standards for not-for-profit organizations requires management to make estimates and assumptions that affect the reported amount of assets and liabilities at the date of the financial statements and the reported amounts of revenues and expenses during the period. Such estimates are periodically reviewed and any adjustments necessary are reported in earnings in the period in which they become known. Actual results could differ from these estimates. The most significant accounting estimates in these financial statements include allowance for doubtful accounts, the estimated useful lives of capital assets and deferred revenue.

*(continues)*

**ALICE HOUSING**  
**(Second Stage Housing Association of Dartmouth)**  
**Notes to Financial Statements**  
**Year Ended March 31, 2016**

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**1. SUMMARY OF SIGNIFICANT ACCOUNTING POLICIES (continued)**

Revenue recognition

Alice Housing follows the deferral method of accounting for contributions.

Restricted contributions and government assistance are recognized as revenue in the year in which the related expenses are incurred. Unrestricted contributions are recognized as revenue when received or receivable if the amount to be received can be reasonably estimated and collection is reasonably assured.

Capital assets

(a) Units A & B, E and Duplexes 1 & 2

Capital assets are stated at cost less accumulated amortization. Amortization on capital assets is provided at an amount equal to the principal retirement of long-term debt. Amortization on equipment is at an annual rate of 20% starting in 2004.

(b) Drop-in Centre/Office

Capital assets are stated at cost less accumulated amortization. Capital assets are amortized over their estimated useful lives on a declining balance basis at the following rates:

Property and building	4%
Equipment	20%

Amortization is calculated at one-half of the normal annual rate in the year of acquisition.

Long-term deferred government grant

The long-term deferred government grants are recorded at the cost of the Drop-in Centre/Office, building and equipment, which were fully funded by an HRDC grant. Amortization is recorded at an amount equal to amortization of the related capital assets

Contributed services and materials

Volunteers contribute many hours per year to assist the Association in carrying out its activities. As well, the Association accepts various household items, clothes and food as donations that the women are able to take. Due to the difficulty in determining their fair value, contributed services and materials are not recognized in the financial statements.

Government assistance

The Association receives shelter enhancement funding to cover the cost of the repairs on the rental properties. This funding is recorded in the year it is received and is included in grants revenue.

*(continues)*

**ALICE HOUSING**  
**(Second Stage Housing Association of Dartmouth)**  
**Notes to Financial Statements**  
**Year Ended March 31, 2016**

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**1. SUMMARY OF SIGNIFICANT ACCOUNTING POLICIES (continued)**

Impairment of long lived assets

The Association tests for impairment whenever events or changes in circumstances indicate that the carrying amount of the assets may not be recoverable. Recoverability is assessed by comparing the carrying amount to the projected future net cash flows the long-lived assets are expected to generate through their direct use and eventual disposition. When a test for impairment indicates that the carrying amount of an asset is not recoverable, an impairment loss is recognized to the extent the carrying value exceeds its fair value.

**2. FINANCIAL INSTRUMENTS**

The Association is exposed to various risks through its financial instruments and has a comprehensive risk management framework to monitor, evaluate and manage these risks. The Association's financial instruments consist of cash, accounts receivable, operating reserve investments, investment fund, accounts payable, long-term debt and long-term deferred government grant. The following analysis provides information about the Association's risk exposure and concentration as of March 31, 2016.

Liquidity risk

Liquidity risk is the risk that an entity will encounter difficulty in meeting obligations associated with financial liabilities. The Association is exposed to this risk mainly in respect of its receipt of funds from its customers and other related sources and accounts payable.

Market risk

Market risk is the risk that the fair value or future cash flows of a financial instrument will fluctuate because of changes in market prices. Market risk comprises three types of risk: currency risk, interest rate risk and other price risk. The Association is mainly exposed to interest rate risk.

Interest rate risk

Interest rate risk is the risk that the value of a financial instrument might be adversely affected by a change in the interest rates. In seeking to minimize the risks from interest rate fluctuations, the Association manages exposure through its normal operating and financing activities. The Association is exposed to interest rate risk primarily through its Guaranteed Investment Certificates.

**3. ACCOUNTS RECEIVABLE**

	2016	2015
Accounts receivable	\$ 2,595	\$ 1,430
HST rebate receivable	9,883	10,592
	\$ 12,478	\$ 12,022

**ALICE HOUSING**  
**(Second Stage Housing Association of Dartmouth)**

**Notes to Financial Statements**  
**Year Ended March 31, 2016**

**4. RESERVE FUNDS**

Replacement Reserve

The Replacement Reserve is an annual allocation of funds to be used to cover repairs and capital cost replacements for Unit A and B. This reserve is required under the terms of a financing agreement with the Minister of Housing of the Province of Nova Scotia and the Halifax Regional Municipality.

Operating Reserve

The Operating Reserve was established in March 2009 and is to be used to cover any emergencies in the operations of Alice Housing. As at March 31, 2016 the balance is \$195,255 (2014 - \$93,260).

**5. INVESTMENTS**

	2016	2015
<b>Income (loss)</b>		
Interest income	\$ 1,222	\$ 7
Dividends	2,438	1,743
Realized loss on sale of investments	(436)	(997)
Unrealized gain (loss)	(1,098)	2,211
Increase (decrease) in endowment fund value	(2,107)	2,806
	<b>\$ 19</b>	<b>\$ 5,770</b>
 <b>Holdings at market value</b>		
Cash and sort-term investments	\$ 149,774	\$ 67,500
Mutual funds	45,481	25,760
Operating reserve	195,255	93,260
Investment fund	33,643	35,750
	<b>\$ 228,898</b>	<b>\$ 129,010</b>

**ALICE HOUSING**  
**(Second Stage Housing Association of Dartmouth)**

**Notes to Financial Statements**

**Year Ended March 31, 2016**

**6. CAPITAL ASSETS**

	Cost	Accumulated amortization	<b>2016 Net book value</b>	2015 Net book value
Unit A	\$ 198,109	\$ 182,888	\$ <b>15,221</b>	\$ 541
Unit B	98,613	97,755	<b>858</b>	1,072
Duplex 1	37,853	37,486	<b>367</b>	459
Duplex 2	35,450	35,168	<b>282</b>	353
Unit E 1	157,235	25,566	<b>131,669</b>	135,905
Unit E 2	156,224	25,363	<b>130,861</b>	135,064
Drop in centre/office	235,000	88,014	<b>146,986</b>	153,111
	<b>\$ 918,484</b>	<b>\$ 492,240</b>	<b>\$ 426,244</b>	<b>\$ 426,505</b>

**7. INVESTMENT FUND (Alice Housing Fund)**

In 2011, Alice Housing entered into an agreement with The Community Foundations of Canada (Foundation) to establish the The Alice Housing Fund (the "Fund") with an initial gift of \$25,000. Per their agreement, the Foundation will provide administrative, fund development, and grant making expertise and promotion of The Alice Housing Fund.

The Fund is invested by the Foundation and any investment income or donations received shall be disbursed on an annual basis to Alice Housing. At Alice Housing's discretion, the income may be paid to Alice Housing or reinvested in the Fund.

The Fund will be held permanently by the Foundation until the agreement is amended, or Alice Housing ceases to exist. In the event Alice Housing ceases to exist, the contribution will remain with the Foundation to support other charities or charitable causes as determined by Alice Housing. Should the Foundation cease to exist, Alice Housing would receive their proportionate share of the market value of the investments in the Foundation represented by the Fund.

**8. COPYRIGHT AND TRADEMARK**

The Association obtained the copyright and trademark of their Healing the Bruises Program. This is an internally developed children's program used to assist youth in their rehabilitation and recovery from abusive relationships. It is the intention of the Association to lend or licence the use of this program to other similar organizations.

**ALICE HOUSING**  
**(Second Stage Housing Association of Dartmouth)**  
**Notes to Financial Statements**  
**Year Ended March 31, 2016**

**9. LONG TERM DEBT**

	<b>2016</b>		<b>2015</b>
Mortgage bearing interest at prime plus 1% per annum, repayable in principal plus interest payments of \$4,362, secured by land and building to which it relates with a net book value of \$202,530.	<b>\$ 66,160</b>	\$	69,182
Amounts payable within one year	<u><b>(4,362)</b></u>		<u>(3,022)</u>
	<b>\$ 61,798</b>	\$	<b>66,160</b>

Principal repayment terms are approximately:

2017	\$ 4,362
2018	4,362
2019	4,362
2020	4,362
2021	4,362
Thereafter	<u>44,350</u>
	<b>\$ 66,160</b>

**ALICE HOUSING**  
**(Second Stage Housing Association of Dartmouth)**  
**Schedule of Earnings from Operations**  
**Year Ended March 31, 2016**  
**(Schedule 1)**

	Unit E 2016	Unit A 2016	Unit B 2016	Duplex 1 & 2 2016	Total 2016	Total 2015
<b>REVENUE</b>						
Rental revenue	\$ 9,335	\$ 42,861	\$ 24,048	\$ 32,868	\$ 109,112	\$ 94,862
Grants	-	-	-	8,500	8,500	20,870
CMHC rent subsidy	-	-	-	-	-	1,254
Washers and dryers	-	562	355	535	1,452	1,272
Fundraising	-	-	540	-	540	-
	9,335	43,423	24,943	41,903	119,604	118,258
<b>EXPENSES</b>						
Amortization	8,439	1,751	214	162	10,567	9,396
Bad debts	385	3,055	1,155	5,038	9,633	5,890
Heat	-	5,134	3,560	5,816	14,509	20,822
Insurance	1,303	2,461	1,307	1,832	6,904	6,510
Miscellaneous	14	19	19	115	167	385
Mortgage interest	3,000	-	-	-	3,000	3,322
Power	4,729	1,969	821	833	8,353	8,445
Property taxes	2,019	890	925	1,421	5,255	5,241
Repairs	7,920	38,726	19,212	23,906	89,764	76,846
Security	1,617	7,014	2,315	2,892	13,838	8,518
Water	1,281	1,698	1,220	3,195	7,394	7,321
	30,707	62,717	30,748	45,210	169,384	152,696
<b>DEFICIENCY OF REVENUE OVER EXPENSES</b>	\$ (21,372)	\$ (19,294)	\$ (5,805)	\$ (3,307)	\$ (49,780)	\$ (34,438)