



Your gift will go 2x as far!

Dear friend,

I made a best friend when I was newly a mother – another new mom, Sheri, who was (and is!) **smart, fun, supportive and, crucially, lived a half block away.**

We shared supper most Fridays. She came straight from daycare pickup with her toddler, who is still like a sibling to my children. I always prepared the same simple meal, which Sheri would praise - and she never commented if my home was disastrous. Her friendship **meant so much** while I was navigating early motherhood.

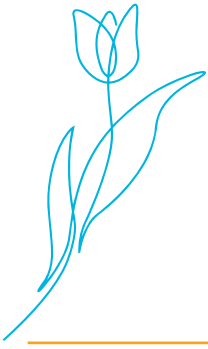


I thought of Sheri last month when Alice House staff hosted **24 women and children** for a shared meal and crafts. Ali, our Child & Youth Counselling Therapist, shared the moment with our team afterward:

"Children from different families bonding, playing hide and seek and spending time together in the playroom. Moms making new connections with each other. It was such a meaningful evening."

We all know the saying, *"It takes a village to raise a child."* But for many of the women we support, that village has been taken away.

One early warning sign of intimate partner violence is **isolation** – often intentionally created by the person causing harm by discouraging connections with friends, family, and other supports. In the absence of friends and families who might notice it, **violence is able to persist.**



At Alice House, we work every day to **rebuild the community and support systems** that violence so often takes away. We currently operate a drop-in space where women and children can connect, access support, and build community.

As demand for our services continues to grow, Alice House is now working towards a **new Drop-in Centre** - one that will be large enough to bring all our clients together for regular gatherings and expand our program offerings. Our vision is to pair this Centre with **additional safe housing units nearby**, making it even easier for clients to stop by for a cup of tea and a supportive chat.

While we work towards this transformative space, **we need your help** to sustain and strengthen our core programs.

This Mother's Day, I invite you to continue to support Alice House.

Your gift helps provide safe housing, counselling, and services for women and children healing after intimate partner violence while we continue building spaces where no one has to face that journey alone.

Because every mother deserves a village — **especially when she is rebuilding her life.**

With heartfelt gratitude,

Lisa Roberts, Executive Director (Interim)

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will go 2x
as far!**

PS:

This Mother's Day, honour a mother or caregiver who has been part of your "village." A gift in their name helps Alice House provide the safety, housing, and supportive community every family deserves.

Alice House empowers women and their children to create a life free from intimate partner violence by offering safe housing, counselling, and support services. Our vision is a Nova Scotia in which women and children can heal and live free from IPV.

Please consider making a gift to Alice House today.

Mailing Address

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Charitable tax number

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