

2025–2026

IMPACT REPORT



A Message our Board Chair

In April, our Board of Directors gathered for an afternoon-long working retreat. As I looked around the room, I felt pride and hope.

It is a privilege to volunteer alongside knowledgeable and community-minded leaders. The lived experience, professional expertise, and commitment around our board table strengthens our mission and guides how we show up for women and children recovering from intimate partner violence.

Our 2025–2028 Strategic Plan has given Alice House a clear focus for the future: we will expand access to safe housing and support, build greater awareness and understanding of our cause, and strengthen the foundation we need to sustain this work.

I joined the Board of Directors at the height of the COVID-19 pandemic, when stay-at-home orders increased danger for many survivors and the tragic mass casualty event in Nova Scotia forced urgent conversations about gender-based violence. Like many others, I was moved to be part of the solution.

As my board term comes to an end, there is increased attention to IPV and renewed energy behind Alice House's work. We are grateful to welcome new board members Danielle St. Aubin, Fiona MacKenzie, Maki Motapanyane, Michele Poole, Rebecca Landry, and Diane Crocker.

This year also brought important leadership transitions. We are thrilled to congratulate Jill Trites, Executive Director, on the arrival of her baby in September. Jill's leadership created momentum that led to our strategic plan. I am also grateful to Lisa Roberts, who is guiding the organization as Interim Executive Director while Jill is on maternity leave.

Across Alice House, we are already seeing progress. We are diversifying funding through our Adopt-a-Space initiative, which invites supporters to adopt a room in our Drop-in Centre or a safe housing unit. We also wrapped up *Growing Together*, a three-year federally funded project that created online training to help more Nova Scotians recognize and respond to IPV. In June 2025, Alice House joined the Transition House Association of Nova Scotia, strengthening our connection to a provincial network rooted in partnership, advocacy, and shared learning.

To our donors, funders, partners, staff, volunteers, and community: thank you. Your support makes this work possible. As Alice House continues to grow, we do so with a clear vision, a committed community, and a shared belief that everyone deserves safety.

With gratitude,

Stephanie Walker



Stephanie Walker
Chair, Board of Directors



Jill Trites
Executive Director



Lisa Roberts
Executive Director (Interim)



MISSION

Alice House empowers women and their children to create a life free from intimate partner violence by offering safe housing, counselling and support services.



VISION

A Nova Scotia in which women and children can heal and live a life free from intimate partner violence.



VALUES

Equality • Trust • Community • Self-determination • Safety • Respect

Board of Directors

- Stephanie Walker, Chair
- Michelle Benson, Vice-chair
- Renee Towns, Treasurer (current)
- Olivia MacDonald, Treasurer (former)
- Glenn Massad, Co-secretary
- Terri Fraser, Co-secretary
- Katherine Barnstead
- Samantha Gray
- Chandni Sehgal
- Erika Hildebrand
- Shannon O'Connell
- Charlotte Hansen



Impact Snapshot

What we accomplished this year



Provided safe housing to **23** women & **36** children



Reached over **550** professionals with IPV prevention training



Supported **270** women and children recovering from IPV



Welcomed **5** pets into housing, helping families stay together



Coordinated client transportation **227** times



Completed electrical panel upgrades in **8** units, security upgrades in **13** units, and installed **5** new appliances



Offered **556** therapeutic counselling sessions



Delivered **44** parenting support sessions



Distributed food and essentials **902** times



Shared information, advocacy, and referrals **578** times



Facilitated **85** child-centered play sessions



Hosted **51** Economic Independence Program sessions for **15** women



Accompanied **14** women to court appearances

Mom's Group: A Place to Connect

Every second week, Alice House staff create a welcoming space where mothers can connect, share support, and build community. The group typically brings together five to seven moms, including both safe housing residents and community clients, while staff care for their children.

With food, childcare, and light facilitation in place, mothers have space to breathe. Conversations have included parenting and co-parenting, self-care, court processes, and life beyond motherhood.

As one mom shared, **"We need to be kind and give ourselves grace... We don't need to be perfect. Our kids think we're amazing!"** For both mothers and children, the group is helping build connection and belonging.



"Alice House became the family I needed when my own let me down. They provided my daughter and me with emotional support, a safe home, groceries, and clothing that rebuilt my confidence. By celebrating special milestones with us, they made us feel valued and like we belonged. Alice House helped us move from survival mode to thrival mode. **We will never forget their life-changing kindness."**

– Alice House client

Community Champions

To our incredible supporters: thank you. Your generosity enables us to provide life-changing services to women and children recovering from violence, helping them build safe, independent lives.

To protect donor privacy, we have not listed individual donors or those who've requested anonymity. To everyone on and off this list, your generosity is greatly appreciated.



620⁺

volunteer
service hours

386

total number
of donors



MEDAVIE



Employment and
Social Development Canada

- Admiral Insurance
- Aethera® Technologies Limited
- Air Canada Foundation
- Alight Holding Company LLC
- Ann Julia MacLeod Family Legacy Fund
- Bedford Eye Care Centre
- Blain King Insurance & Financial Services
- Boston Pizza
- BOYNECLARKE
- Canadian Public Relations Society NS
- The Canadian Tilling Foundation
- CGI Information Systems & Management Consultants Inc.
- Charitable Irish Society of Halifax
- CN - Canadian National Railway
- Co-operators
- Cobequid Animal Hospital
- Community Foundation of Nova Scotia
- Community Housing Transformation Centre
- Construction Association of Nova Scotia
- Diocese of Nova Scotia & Prince Edward Island
- Employment & Social Development Canada
- Find Your Stride - TJX Canada
- F.K. Morrow Foundation
- FEED Nova Scotia
- Flemming Charitable Foundation
- Halifax Harbour Bridges
- Halifax Protestant Infants' Foundation
- Halifax Youth Foundation
- IA Financial Group
- Innovative Numerix Inc
- Integrated Staffing
- IPEX
- IWK Health Centre
- Jacques Gauthier & Heather MacKinnon (The Gauthier Family Charitable Fund)
- JL Rhymes Inc
- Lysander Funds Inc.
- Mariner Partners Inc
- The McCain Foundation
- Medavie Foundation
- Mental Health Foundation of Nova Scotia
- Metro Association of Basketball Officials
- NSLC
- NSTU Dartmouth Local
- Osheplin Inc.
- Nova Scotia Department of Justice
- Nova Scotia Department of Opportunities and Social Development and Advisory Council on the Status of Women
- Rainbow Development Holdings Limited
- resulta
- Room 152 Clothing Boutique
- Royal LePage Atlantic
- Royal LePage Shelter Foundation
- Shoppers Drug Mart - Portland Street
- Shoppers Foundation for Women's Health
- Sisters of Charity Halifax
- SPINCO Halifax
- St. Andrew's CWL
- St. Ann's Lobster Galley
- The Trainyard General Store
- Totally Electric
- Transition House Association of Nova Scotia (THANS)
- United Way East Ontario
- United Way Maritimes
- Walmart Canada & Cole Harbour Walmart
- Windsor Foundation
- Winners Merchants International L.P.

Financial Statement Notice

Our 2025–2026 Audited Financial Statement is available online at alicehouse.ca.